

Standard: Academic Preparation

Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

Benchmark: KG-05 Improve learning.

Counselor Role:

- Encourage students to take risks and work independently.
- Help students frame questions.
- Provide individual and small-group counseling.

Academic Development

Student Indicators:

- Demonstrate the motivation to achieve individual potential.
- Learn and apply critical thinking skills.
- Apply study skills necessary for academic success at each level.
- Seek information and support from faculty, staff, family and peers.
- Organize and apply academic information from a wide variety of sources.
- Use knowledge of learning styles to positively influence school performance.
- Become a self-directed and independent learner.

Benchmark: KG-05 Plan to achieve goals.

Counselor Role:

- Introduce concept of goal setting by helping students identify something they are working towards.

Academic Development

Student Indicators:

- Establish challenging academic goals in elementary, middle, and high school.
- Use assessment results in educational planning.
- Develop and implement an annual plan for study to maximize academic ability and achievement.
- Apply knowledge of aptitudes and interests to goal setting.
- Use problem-solving and decision-making skills to assess progress towards educational goals.
- Understand the relationship between classroom performance and success in school.

Standard: Academic Relationships

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: KG-05 Relate school to life experiences.

Counselor Role:

- Use a variety of strategies to help students make linkages between home and school.

Academic Development

Student Indicators:

- Demonstrate the ability to balance school, studies, extracurricular activities, leisure time, and family life.
- Seek co-curricular and community experiences to enhance the school experience.
- Understand the relationship between learning and work.
- Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.
- Understand that school success is the preparation to make the transition from student to community member.
- Understand how school success and academic achievement enhance future career and avocational activities.

Standard: Acquire career information.

Students will employ strategies to achieve future career success and satisfaction.

Benchmark: KG-05 Achieve school success.

Counselor Role:

Collaborate with teachers to introduce students to explore various career options.

Academic Development

Student Indicators:

- Understand how changing economical and societal needs influence employment trends and future training.

Standard: Career Decisions

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark: KG-05 Develop career awareness.

Counselor Role:

- Share information through a variety of resources: technology, books, speakers, games.
- Discuss concept of team and role on a team.

Career Development

Student Indicators:

- Learn about the variety of occupations.
- Develop an awareness of personal abilities, skills, interests, and motivations.
- Learn how to interact and work cooperatively in teams.
- Learn to make decisions.
- Learn how to set goals.
- Understand the importance of planning.
- Pursue and develop competency in areas of interest.

- Develop hobbies.
- Learn to balance between work and leisure time.

Benchmark: **KG-05** **Develop employment readiness.**

Counselor Role:

- Provide opportunities to work together in small groups.
- Discuss concept of tolerance for others.
- Provide examples of people who are tolerant.

Career Development

Student Indicators:

- Acquire employability skills such as working on a team, problem solving, and organizational skills.
- Demonstrate knowledge about the changing workplace.
- Learn to respect individual uniqueness in the workplace.
- Develop a positive attitude toward work and learning.
- Understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.
- Utilize time and task management skills.

Standard: **Career Strategies**

Students will employ strategies to achieve future career success and satisfaction.

Benchmark: **KG-05** **Acquire career information.**

Counselor Role:

- Collaborate with teachers to introduce students to explore various career options.

Career Development

Student Indicators:

- Apply decision-making skills to career planning, course selection, and career transitions.
- Identify personal skills, interests, and abilities and relate them to current career choices.
- Demonstrate knowledge of career planning process.
- Know the various ways which occupations can be classified.

Benchmark: **KG-05** **Identify career goals.**

Counselor Role:

- Emphasize importance of learning.

Career Development

Student Indicators:

- Demonstrate awareness of the education and training needed to achieve career goals.

Standard: Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: KG-05 Achieve school success.

Counselor Role:

- Confer with parents and teachers about student progress.
- Provide opportunities for students to express interest/talents.
- Participate on intervention team.

Academic Development

Student Indicators:

- Take responsibility for his/her actions.
- Demonstrate the ability to work independently as well as the ability to work cooperatively with other students.
- Develop a broad range of interest and abilities.
- Demonstrate dependability, productivity, and initiative.
- Share knowledge.

Benchmark: KG-05 Acquire skills for improving learning.

Counselor Role:

- Reinforce skills needed to learn role as a student.
- Provide opportunities for students to demonstrate what they have learned.

Academic Development

Student Indicators:

- Apply time management and task management skills.
- Demonstrate how effort and persistence positively affect learning.
- Use communication skills to know when and how to ask for help when needed.
- Apply knowledge of learning styles to positively influence school performance.

Benchmark: KG-05 Improve academic self-concept.

Counselor Role:

- Discuss concept of school.
- Encourage students to describe their roles as students.
- Assist students in transition from home to school.
- Collaborate with parents and teachers.
- Introduce= books/videos about going to school.

Academic Development

Student Indicators:

- Articulate feelings of competence and confidence as a learner.
- Display a positive interest in learning.
- Take pride in work and in achievement.
- Accept mistakes as essential to the learning process.
- Identify attitudes and behaviors which lead to successful learning.

Standard: Goals

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: KG-05 **Learn ways to apply self-knowledge.**

Counselor Role:

- Discuss making choices and consequences of those choices.
- Provide opportunities for students to practice decision making skills.
- Introduce the language of mediation.
- Promote concept of continuous effort.

Personal/Social

Student Indicators:

- Use a decision-making and problem-solving model.
- Understand consequences of decisions and choices.
- Identify alternative solutions to a problem.
- Develop effective coping skills for dealing with problems.
- Demonstrate when, where, and how to seek help for solving problems and making decisions.
- Know how to apply conflict resolution skills.
- Know when peer pressure is influencing a decision.
- Identify long- and short-term goals.
- Identify alternative ways of achieving goals.
- Use persistence and perseverance in acquiring knowledge and skills.

Standard: Personal Relationship to World of Work

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: KG-05 **Acquire knowledge to achieve career goals.**

Counselor Role:

- Encourage students to work hard to achieve success.

Career Development

Student Indicators:

- Explain how work can help to achieve personal success and satisfaction.
- Identify personal preferences and interests which influence career choices and success.
- Understand that the changing workplace requires lifelong learning and acquiring new skills.
- Describe the effect of work on lifestyles.
- Understand that work is an important and satisfying means of personal expression.

Benchmark: **KG-05** **Apply skills to achieve career goals.**

Counselor Role:

- Introduce personal behaviors that lead to career success:
 - Sharing
 - Caring
 - Cooperating
 - Working together.

Career Development

Student Indicators:

- Demonstrate how interests, abilities, and achievement relate to achieving personal, social, educational and career goals.
- Learn how to use conflict management skills with peers and adults.
- Learn to work cooperatively with others as a team member.



Standard: Respect of Self and Others

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark: **KG-05** **Acquire interpersonal skills.**

Counselor Role:

- Emphasize use of words and behaviors that reflect good manners.
- Build appreciation for diversity through a variety of methods.
- Lead discussion about how to make and keep friends. Discuss how to be a friend.
- Emphasize the qualities for Character Education.

Career Development

Student Indicators:

- Recognize that everyone has rights and responsibilities, including family and friends.
- Respect alternative points of view.
- Recognize, accept, respect, and appreciate individual differences.
- Recognize, accept, and appreciate diversity.
- Recognize and respect differences in various family configurations.
- Use effective communication skills.
- Know that communication involves speaking, listening, and nonverbal behavior.
- Learn how to communicate effectively with family.
- Learn how to make and keep friends.

Benchmark:	KG-05	Acquire self-knowledge.
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Counselor Role:

- Introduce the concept of self through a variety of resources.
- Discuss the concept of goal setting.
- Provide individual and/or group counseling.
- Provide students with the opportunity to express their talents/interests.
- Model appropriate behaviors for students.
- Discuss the concept of personal space and students' rights as persons.
- Describe a variety of models of family makeup and roles.
- Introduce the concept of "team member" and the responsibilities that go with being a member of a group.
- Encourage students to identify a wide variety of feelings using pictures, words, posters.

Career Development

Student Indicators:

- Develop a positive attitude toward self as a unique and worthy person.
- Identify personal values, attitudes, and beliefs.
- Learn the goal setting process.
- Understand change as a part of growth.
- Identify and express feelings.
- Distinguish between appropriate and inappropriate behaviors.
- Recognize personal boundaries, rights, and privacy needs.
- Understand the need for self-control and how to practice it.
- Demonstrate cooperative behavior in groups.
- Identify personal strengths and assets.
- Identify and discuss changing personal and social roles.
- Identify and recognize changing family roles.

Standard: Academic Preparation

Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

Benchmark: **KG-05** **Improve learning.**

Counselor Role:

- Collaborate with teachers to motivate students.
- Emphasize importance of asking for help and provide ways to do it.
- Help students learn to listen and follow directions.
- Emphasize that people learn in different ways.

Academic Development

Student Indicators:

- Demonstrate the motivation to achieve individual potential.
- Learn and apply critical thinking skills.
- Apply study skills necessary for academic success at each level.
- Seek information and support from faculty, staff, family and peers.
- Organize and apply academic information from a wide variety of sources.
- Use knowledge of learning styles to positively influence school performance.
- Become a self-directed and independent learner.

Benchmark: **KG-05** **Plan to achieve goals.**

Counselor Role:

- Introduce the term "goal," and provide opportunities to set goals.
- Introduce steps for solving problems and making decisions.

Academic Development

Student Indicators:

- Use assessment results in educational planning.
- Apply knowledge of aptitudes and interests to goal setting.
- Use problem-solving and decision-making skills to assess progress towards educational goals.
- Understand the relationship between classroom performance and success in school.

Standard: Academic Relationships

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: **KG-05** **Relate school to life experiences.**

Counselor Role:

- Provide activities that encourage linkages between home and school.
- Emphasize the importance of learning and being a good student.

Academic Development

Student Indicators:

- Demonstrate the ability to balance school, studies, extracurricular activities, leisure time, and family life.

- Seek co-curricular and community experiences to enhance the school experience.
- Understand the relationship between learning and work.
- Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.
- Understand that school success is the preparation to make the transition from student to community member.
- Understand how school success and academic achievement enhance future career and avocational opportunities.

Standard: Career Decisions

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark: KG-05 **Develop career awareness.**

Counselor Role:

- Collaborate with teachers to reinforce students' jobs as learners.
- Emphasize being a positive member of the class or group.

Career Development

Student Indicators:

- Learn about the variety of occupations.
- Develop an awareness of personal abilities, skills, interests, and motivations.
- Learn how to interact and work cooperatively in teams.
- Learn to make decisions.
- Learn how to set goals.
- Understand the importance of planning.
- Pursue and develop competency in areas of interest.
- Develop hobbies.
- Learn to balance between work and leisure time.
- Develop skills to locate, evaluate, and interpret career information.

Benchmark: KG-05 **Develop employment readiness.**

Counselor Role:

- Help students understand the importance of making an effort to do their best.
- Emphasize that work ethic will enable more career choices.

Career Development

Student Indicators:

- Acquire employability skills such as working on a team, problem solving, and organizational skills.
- Demonstrate knowledge about the changing workplace.
- Learn to respect individual uniqueness in the workplace.

- Develop a positive attitude toward work and learning.
- Understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.
- Utilize time and task management skills.

Standard: Career Strategies

Students will employ strategies to achieve future career success and satisfaction.

Benchmark: KG-05 **Acquire career information.**

Counselor Role:

- Work with teachers to help students better understand occupations.
- Introduce students to specific career roles.

Career Development

Student Indicators:

- Apply decision-making skills to career planning, course selection, and career transitions.
- Identify personal skills, interests, and abilities and relate them to current career choices.
- Demonstrate knowledge of career planning process.
- Know the various ways which occupations can be classified.
- Describe occupations and how these relate to career choice.
- Understand how changing economical and societal needs influence employment trends and future training.

Benchmark: KG-05 **Identify career goals.**

Counselor Role:

- Assist teachers to help students develop career plans.

Career Development

Student Indicators:

- Demonstrate awareness of the education and training needed to achieve career goals.

Standard: Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: KG-05 **Achieve school success.**

Counselor Role:

- Assist students in accepting responsibility for what they do.
- Talk with students about working together and the role each person has as a member of a group.
- Encourage students to develop interests and talents.
- Participate on Student Intervention Team.

Academic Development

Student Indicators:

- Take responsibility for his/her actions.
- Demonstrate the ability to work independently as well as the ability to work cooperatively with other students.
- Develop a broad range of interest and abilities.
- Demonstrate dependability, productivity, and initiative.
- Share knowledge.

Benchmark: **KG-05** **Acquire skills for improving learning.**

Counselor Role:

- Begin discussions of being organized and how that helps students to be better learners.
- Suggest ways students can communicate with school personnel.

Academic Development

Student Indicators:

- Apply time management and task management skills.
- Demonstrate how effort and persistence positively affect learning.
- Use communication skills to know when and how to ask for help when needed.
- Apply knowledge of learning styles to positively influence school performance.

Benchmark: **KG-05** **Improve academic self-concept.**

Counselor Role:

- Work with classroom teachers to help students transition to role of learners.
- Create opportunities for students to feel positive about themselves.
- Emphasize that it is okay to make mistakes as learning occurs.

Academic Development

Student Indicators:

- Articulate feelings of competence and confidence as a learner.
- Display a positive interest in learning.
- Take pride in work and in achievement.
- Accept mistakes as essential to the learning process.
- Identify attitudes and behaviors which lead to successful learning.

Standard: Goals

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: **KG-05** **Learn ways to apply self-knowledge.**

Counselor Role:

- Teach conflict resolution skills.
- Teach students to understand consequences of choices.
- Promote celebration of differences.
- Help students to identify goals they can achieve.

Personal/Social

Student Indicators:

- Use a decision-making and problem-solving model.
- Understand consequences of decisions and choices.
- Identify alternative solutions to a problem.
- Develop effective coping skills for dealing with problems.
- Demonstrate when, where, and how to seek help for solving problems and making decisions.
- Know how to apply conflict resolution skills.
- Demonstrate a respect and appreciation for individual differences.
- Know when peer pressure is influencing a decision.
- Identify long- and short-term goals.
- Use persistence and perseverance in acquiring knowledge and skills.

Standard: Personal Relationship to World of Work

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: KG-05 **Acquire knowledge to achieve career goals.**

Counselor Role:

- Begin to help students understand that school and work are related.
- Model and discuss enthusiasm for the students' world.

Career Development

Student Indicators:

- Explain how work can help to achieve personal success and satisfaction.
- Identify personal preferences and interests which influence career choices and success.
- Understand that the changing workplace requires lifelong learning and acquiring new skills.
- Describe the effect of work on lifestyles.
- Understand that work in an important and satisfying means of personal expression.

Benchmark: KG-05 **Apply skills to achieve career goals.**

Counselor Role:

- Review personal behaviors that lead to career success:
 - Sharing
 - Caring
 - Cooperating
 - Working together.
- Introduce positive ways to get attention.

Career Development

Student Indicators:

- Demonstrate how interests, abilities, and achievement relate to achieving personal, social, educational and career goals.
- Learn how to use conflict management skills with peers and adults.
- Learn to work cooperatively with others as a team member.

Standard: **Respect of Self and Others**

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark: **KG-05** **Acquire interpersonal skills.**

Counselor Role:

- Use activities and discussion to assist students in accepting other people who differ from them.
- Work with teachers to emphasize the responsibilities students have.
- Offer students activities to practice communication skills.
- Discuss with students how to make and keep friends.
- Emphasize behaviors necessary to get along with others.
- Support teachers as they introduce multiple family configurations.
- Teach listening skills.

Career Development

Student Indicators:

- Recognize that everyone has rights and responsibilities, including family and friends.
- Respect alternative points of view.
- Recognize, accept, respect, and appreciate individual differences.
- Recognize, accept, and appreciate diversity.
- Recognize and respect differences in various family configurations.
- Use effective communication skills.
- Know that communication involves speaking, listening, and nonverbal behavior.
- Learn how to communicate effectively with family.
- Learn how to make and keep friends.

Benchmark: **KG-05** **Acquire self-knowledge.**

Counselor Role:

- Teach the Y.E.S. Program.
- Engage students in activities to reinforce uniqueness and self worth.
- Provide vocabulary and encouragement for students to express feelings.
- Collaborate with teachers to develop self control and appropriate behaviors.
- Help students understand and appreciate their strengths and talents.

Career Development

Student Indicators:

- Develop a positive attitude toward self as a unique and worthy person.
- Identify personal values, attitudes, and beliefs.

- Learn the goal setting process.
- Understand change as a part of growth.
- Identify and express feelings.
- Distinguish between appropriate and inappropriate behaviors.
- Recognize personal boundaries, rights, and privacy needs.
- Understand the need for self-control and how to practice it.
- Demonstrate cooperative behavior in groups.
- Identify personal strengths and assets.
- Identify and discuss changing personal and social roles.
- Identify and recognize changing family roles.

Standard: Safety and Life Skills

Students will understand safety and life skills.

Benchmark: KG-05 **Acquire personal safety skills.**

Counselor Role:

- Reinforce students' knowledge of personal information.
- Introduce decision-making model.
- Facilitate Y.E.S. Program.
- Identify people in the school and community who can be helpful.

Personal/Social

Student Indicators:

- Demonstrate knowledge of personal information (i.e., telephone number, home address, emergency contact).
- Learn about the relationship between rules, laws, safety, and the protection of an individual's rights.
- Learn the difference between appropriate and inappropriate physical contact.
- Demonstrate the ability to assert boundaries, rights, and personal privacy.
- Differentiate between situations requiring peer support and situations requiring adult professional help.
- Identify resource people in the school and community and know how to seek their help.
- Apply effective problem-solving and decision-making skills to make safe and healthy choices.
- Learn about the emotional and physical dangers of substance use and abuse.
- Learn how to cope with peer pressure.
- Learn techniques for managing stress and conflict.

- Learn coping skills for managing life events.

Standard: Academic Preparation

Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

Benchmark: KG-05 Improve learning.

Counselor Role:

- Support students' efforts.
- Provide opportunities for students to practice critical thinking skills.
- Encourage students to use staff, family, and friends as resources in their own growth and development.

Academic Development

Student Indicators:

- Demonstrate the motivation to achieve individual potential.
- Learn and apply critical thinking skills.
- Apply the study skills necessary for academic success at each level.
- Seek information and support from faculty, staff, family and peers.
- Organize and apply academic information from a variety of sources.
- Use knowledge of learning styles to positively influence school performance.
- Become a self directed and independent learner.

Benchmark: KG-05 Plan to achieve goals.

Counselor Role:

- Help students understand how to assess their work and behavior.
- Encourage sharing of interests and expansion of talents.
- Provide practice in problem solving.
- Teach steps to make decisions.

Academic Development

Student Indicators:

- Use assessment results in educational planning.
- Apply knowledge of aptitudes and interests to goal setting.
- Use problem solving and decision making skills to assess progress toward educational goals.
- Understand the relationship between classroom performance and success in school.

Standard: Career Decisions

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark: KG-05 Develop career awareness.

Counselor Role:

- Establish tasks to enhance career awareness.
- Provide ways to identify skills, abilities, and interests.
- Discuss and provide ways to develop self confidence.

Career Development

Student Indicators:

- Develop skills to locate, evaluate, and interpret career information.
- Learn about the variety of occupations.
- Develop an awareness of personal abilities, skills, interests, and motivations.
- Learn how to interact and work cooperatively in teams.
- Learn how to make decisions.
- Learn how to set goals.
- Understand the importance of planning.
- Pursue and develop competency in areas of interest.
- Develop hobbies.
- Learn to balance between work and leisure time.

Benchmark: **KG-05** **Develop employment readiness.**

Counselor Role:

- Provide opportunities to practice skills: communication, problem-solving, decision-making.
- Reinforce concept of rights and responsibilities in the student's various roles (i.e., student, child, school citizen, community member)

Career Development

Student Indicators:

- Acquire employability skills such as working on a team, problem-solving, and organizational skills.
- Demonstrate knowledge about the changing workplace.
- Learn to respect individual uniqueness in the workplace.
- Develop a positive attitude toward work and learning.
- Understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.
- Utilize time and task management skills.

Standard: Career Strategies

Students will employ strategies to achieve future career success and satisfaction.

Benchmark: **KG-05** **Acquire career information.**

Counselor Role:

- Support classroom teachers in early career exploration.
- Expose students to specific career roles.

Career Development

Student Indicators:

- Apply decision-making skills to career planning, course selection, and career transitions.
- Identify personal skills, interests, and abilities and relate them to career choices.

- Demonstrate knowledge of the career-planning process.
- Know the various ways in which occupations can be classified.
- Describe occupations and how these relate to career choice.
- Understand how changing economic and societal needs influence employment trends and future training.

Benchmark: **KG-05** **Identify career goals.**

Counselor Role:

- Connect students' focus/activities to the world of work.

Career Development

Student Indicators:

- Demonstrate awareness of the education and training needed to achieve career goals.
- Assess and modify his/her educational plan to support career goals.

Standard: Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: **KG-05** **Achieve school success.**

Counselor Role:

- Encourage students to establish expectations for their behavior.
- Acknowledge responsible behavior.
- Teach students to work alone and in groups.
- Reinforce cooperative behavior.
- Participate on student intervention team.

Academic Development

Student Indicators:

- Take responsibility for his/her actions.
- Demonstrate the ability to work independently as well as the ability to work cooperatively with other students.
- Develop a broad range of interests and abilities.
- Demonstrate dependability, productivity and initiative.
- Share knowledge.

Benchmark: **KG-05** **Acquire skills for improving learning.**

Counselor Role:

- Support attempts and continue to try.
- Encourage communication and provide explanations on how to ask for help.
- Discuss how students learn differently.
- Introduce concept of planning work and play wisely.

Academic Development

Student Indicators:

- Apply time management and task management skills.

- Demonstrate how effort and persistence positively affect learning.
- Use communication skills to know when and how to ask for help when needed.
- Apply knowledge of learning styles to positively influence school performance.

Benchmark: **KG-05** **Improve academic self-concept.**

Counselor Role:

- Provide encouragement and opportunities to develop self-esteem.
- Help students acknowledge mistakes and try again.
- Reinforce good behavior/actions that lead to learning.

Academic Development

Student Indicators:

- Articulate feelings of competence and confidence as a learner.
- Display a positive interest in learning.
- Take pride in work and achievement.
- Accept mistakes as essential to the learning process.
- Identify attitudes and behaviors which lead to successful learning.

Standard: **Goals**

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: **KG-05** **Learn ways to apply self-knowledge.**

Counselor Role:

- Emphasize steps in decision-making and provide opportunities to practice making decisions.
- Help students recognize consequences for their actions.
- Work with students to look at variety of solutions to solve problems.
- Teach mediation skills appropriate to developmental level.
- Emphasize ways to demonstrate respect and appreciation for diversity.
- Teach goal-setting.

Personal/Social

Student Indicators:

- Use a decision-making and problem-solving model.
- Understand consequences of decisions and choices.
- Identify alternative solutions to a problem.
- Develop effective coping skills for dealing with problems.
- Demonstrate when, where, and how to seek help for solving problems and making decisions.
- Know how to apply conflict resolution skills.
- Demonstrate a respect and appreciation for individual differences.
- Know when peer pressure is influencing a decision.
- Identify long and short-term goals.
- Identify alternative ways of achieving goals.

- Use persistence and perseverance in acquiring knowledge and skills.

Standard: Personal Relationship to World of Work

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: KG-05 Acquire knowledge to achieve career goals.

Counselor Role:

- Encourage students to do their best work in school.

Career Development

Student Indicators:

- Understand the relationship between educational achievement and career success.
- Explain how work can help to achieve personal success and satisfaction.
- Identify personal preferences and interests which influence career choices and success.
- Understand that the changing workplace requires lifelong learning and acquiring new skills.
- Describe the effect of work on lifestyles.
- Understand the understanding the importance of equity and access in career choice.
- Understand that work is an important and satisfying means of personal expression.

Benchmark: KG-05 Apply skills to achieve career goals.

Counselor Role:

- Promote service learning with students.
- Provide opportunity for students to work cooperatively with others.

Career Development

Student Indicators:

- Demonstrate how interests, abilities, and achievement relate to achieving personal, social, educational, and career goals.
- Learn how to use conflict management skills with peers and adults.
- Learn to work cooperatively with others as a team member.

Benchmark: KG-05 Relate school to life experiences.

Counselor Role:

- Teach students about service to others.
- Identify role models for students.
- Emphasize that success in school leads to success in life.

Academic Development

Student Indicators:

- Demonstrate the ability to balance school, studies, extracurricular activities, leisure time and family life.
- Seek co-curricular and community experiences to enhance the school experiences.
- Understand the relationship between learning and work.

- Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.
- Understand that school success is the preparation to make the transition from student to community member.
- Understand how school success and academic achievement enhance future career and avocational opportunities.

Standard: Respect of Self and Others

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark: **KG-05** **Acquire interpersonal skills.**

Counselor Role:

- Teach compromising skills and provide opportunities for students to demonstrate these skills.
- Focus on friendship-building and what it takes to be a friend.
- Work with teachers to provide opportunities to learn about and appreciate differences.
- Teach communication skills including active listening and body language.
- Emphasize respect for others and behaviors that demonstrate it.
- Emphasize the qualities of character education.

Personal/Social

Student Indicators:

- Recognize that everyone has rights and responsibilities.
- Respect alternative points of view.
- Recognize, accept, respect and appreciate individual differences.
- Recognize, accept, and appreciate diversity.
- Recognize and respect differences in various family configurations.
- Use effective communication skills.
- Know that communication involves speaking, listening, and nonverbal behavior.
- Learn how to communicate effectively with family.
- Learn how to make and keep friends.

Benchmark: **KG-05** **Acquire self-knowledge.**

Counselor Role:

- Provide opportunities for students to identify their uniqueness.
- Celebrate the uniqueness of each student.
- Help students articulate what is important to them.
- Assist students in understanding appropriate and inappropriate behaviors.

Personal/Social

Student Indicators:

- Develop a positive attitude toward self as a unique and worthy person.
- Identify personal values, attitudes, and beliefs.
- Learn the goal-setting process.

- Understand change is a part of growth.
- Identify and express feelings.
- Distinguish between appropriate and inappropriate behaviors.
- Recognize personal boundaries, rights, and privacy needs.
- Understand the need for self control and how to practice it.
- Demonstrate cooperative behavior in groups.
- Identify personal strengths and assets.
- Identify and discuss changing personal and social roles.
- Identify and recognize changing family roles.

Standard: Safety and Life Skills

Students will understand safety and life skills.

Benchmark: KG-05 **Acquire personal safety skills.**

Counselor Role:

- Collaborate with teachers to ensure students know and can articulate personal information.
- Assist students in understanding appropriate and inappropriate physical contact.
- Reinforce the Y.E.S. Program.

Personal/Social

Student Indicators:

- Demonstrate knowledge of personal information (i.e., telephone number, home address, emergency contact).
- Learn about the relationship among rules, laws, safety, and the protection of an individual's rights.
- Learn about the difference between appropriate and inappropriate physical contact.
- Demonstrate the ability to assert boundaries, rights, and personal privacy.
- Differentiate between situations requiring peer support and situations requiring adult professional help.
- Identify resource people in the school and community and know how to seek their help.
- Apply effective problem-solving and decision-making skills to make safe and healthy choices.
- Learn about the emotional and physical dangers of substance use and abuse.
- Learn how to cope with peer pressure.
- Learn techniques for managing stress and conflicts.
- Learn coping skills for managing life events.

Standard: Academic Preparation

Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

Benchmark: KG-05 Improve learning.

Counselor Role:

- Help students understand everyone learn differently.
- Emphasize listening, problem-solving, and working with others in groups.
- Encourage students to be independent and responsible learners.

Academic Development

Student Indicators:

- Demonstrate the motivation to achieve individual potential.
- Learn and apply critical thinking skills.
- Apply the study skills necessary for academic success at each level.
- Seek information and support from faculty, staff, family and peers.
- Organize and apply academic information from a variety of sources.
- Use knowledge of learning styles to positively influence school performance.
- Become a self-directed and independent learner.

Benchmark: KG-05 Plan to achieve goals.

Counselor Role:

- Help students recognize the consequences of their actions.
- Collaborates with teachers to explain purpose of testing.
- Provides test taking strategies.

Academic Development

Student Indicators:

- Use assessment results in educational planning,
- Apply knowledge of aptitudes and interests in goal setting.
- Use problem-solving and decision-making skills to assess progress towards educational goals.
- Understand the relationship between classroom performance and success in school.

Standard: Academic Relationships

Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

Benchmark: KG-05 Relate school to life experiences.

Counselor Role:

- Helps students to achieve balance in their lives.
- Link education to real world experiences.
- Initiates discussion about community service,

Academic Development

Student Indicators:

- Demonstrate the ability to balance school, studies, extracurricular activities, leisure time and family life.
- Seek co-curricular and community experiences to enhance the school experience.
- Understand the relationship between learning and work.
- Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.
- Understand that school success is the preparation to make the transition from student to community member.
- Understand how school success and academic achievement enhance future career and opportunities.

Standard: Career Decisions

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark: KG-05 Develop career awareness.

Counselor Role:

- Encourage students to explore their gifts and interests.
- Helps students to understand and achieve balance in their lives.
- Helps students identify abilities and interests.
- Promote awareness of diverse occupations.

Career Development

Student Indicators:

- Develop skills to locate, evaluate, and interpret career information.
- Learn about the variety of occupations.
- Develop an awareness of personal abilities, skills, interests and motivation.
- Learn how to interact and work cooperatively in teams.
- Learn to make decisions.
- Learn to set goals.
- Understand the importance of planning.
- Pursue and develop competency in areas of interest.
- Develop interests.
- Learn to balance between work and leisure time.
- Apply job readiness skills to seek employment opportunities.

Benchmark: **KG-05** **Develop employment readiness.**

Counselor Role:

- Enable students to work cooperatively in groups.
- Discuss the importance of responsible behavior.

Career Development

Student Indicators:

- Acquire employability skills such as working on a team, problem solving and organizational skills.
- Demonstrate knowledge about the changing workplace.
- Learn to respect individual uniqueness in the workplace.
- Develop a positive attitude toward work and learning.
- Understand the importance of responsibility, dependability, punctuality, integrity and effort in the workplace.
- Utilize time and task management skills.

Standard: Career Strategies

Students will employ strategies to achieve future career success and satisfaction.

Benchmark: **KG-05** **Acquire career information.**

Counselor Role:

- Provide opportunities for students to become more self aware.
- Help students recognize that their total learning experience prepares them for their future work.
- Create opportunities to link school and the world of work.
- Introduce students to specific career roles.

Career Development

Student Indicators:

- Apply decision-making skills to career planning, course selection, and career transitions.
- Identify personal skills, interests and abilities and relate them to current career choices.
- Demonstrate knowledge of the career planning process.
- Know the various ways which occupations can be classified.
- Use research and information resources to obtain career information.
- Learn to use the technology to access career planning information.
- Describe occupations and how these relate to career choice.
- Understand how changing economic and societal needs influence employment trends and future training.

Benchmark: **KG-05** **Identify career goals.**

Counselor Role:

- Supports the classroom teachers' efforts to instill attitudes and skills about careers.

Career Development

Student Indicators:

- Demonstrate awareness of the education and training needed to achieve career goals.
- Use employability and job readiness skills in internship, mentoring, shadowing, and/or other work experiences.

Standard: Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: KG-05 **Acquire skills for improving learning.**

Counselor Role:

- Teach strategies for learning responsibility.
- Encourage student so ask questions.
- Introduce attitudes and skills to be a successful test taker.

Academic Development

Student Indicators:

- Apply time management and task management skills.
- Demonstrate how effort and persistence positively affect learning.
- Use communication skills to know when and how to ask for help when needed.
- Apply knowledge of learning styles to positively influence school performance.

Benchmark: KG-05 **Improve academic self-concept.**

Counselor Role:

- Encourage students to try their best.
- Emphasize mistakes are a part of learning.
- Help children understand everyone learns differently.
- Implement a variety of strategies to affirm students.

Academic Development

Student Indicators:

- Articulate feelings of competence and confidence as a learner.
- Display a positive interest in learning.
- Take pride in work and in achievement.
- Accept mistakes as essential to the learning process.
- Identify attitudes and behaviors which lead to successful learning.

Standard: Goals

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: KG-05 **Learn ways to apply self-knowledge.**

Counselor Role:

- Emphasize brainstorming to solve problems.
- Provide strategies for making decisions.
- Teach conflict resolutions.
- Focus on respectful solutions to resolve problems or issues.
- Reinforce the concept of goal setting to achieve a desired behavior.

Personal/Social

Student Indicators:

- Use a decision-making and problem-solving model.
- Understand consequences of decisions and choices.
- Identify alternative solutions to a problem.
- Develop effective coping skills for dealing with problems.
- Demonstrate when, where and how to seek help for solving problems and making decisions.
- Know how to apply conflict resolution skills.
- Demonstrate a respect and appreciation for individual and cultural differences.
- Know when peer pressure is influencing a decision.
- Identify long and short term goals.
- Identify alternative ways of achieving goals.
- Use persistence and perseverance in acquiring knowledge and skills.



Standard: Personal Relationship to World of Work

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: KG-05 **Acquire knowledge to achieve career goals.**

Counselor Role:

- Assist students to recognize the connection between their work as students and their future goals.
- Helps students identify their strengths and interests.
- Encourages students to celebrate differences.
- Encourages students to explore careers based on interests.

Career Development

Student Indicators:

- Understand the relationship between educational achievement and career success.
- Explain how work can help to achieve personal success.
- Identify personal preferences and interests which influence career choices and success.
- Understand that the changing workplace requires lifelong learning and acquiring new skills.
- Describe the effect of work on lifestyles.

- Understand the importance of equity and access in career choice.
- Understand that work is an important and satisfying means of personal expression.

Benchmark: **KG-05** **Apply skills to achieve career goals.**

Counselor Role:

- Teaches students the skills to resolve conflicts and issues.
- Provides opportunities to practice conflict resolution skills.
- Provides opportunities for students to work together.

Career Development

Student Indicators:

- Demonstrate how interests, abilities and achievement relate to achieving personal, social, educational and career goals.
- Learn how to use conflict management skills with peers and adults.
- Learn to work cooperatively with others as a team member.



Standard: Respect of Self and Others

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark: **KG-05** **Acquire interpersonal skills.**

Counselor Role:

- Teaches skills to develop friendships.
- Helps students understand others' points of view.
- Encourages students to accept responsibility for their actions.
- Emphasizes strategies to practice self control.
- Teaches students how to make and keep friends.

Personal/Social

Student Indicators:

- Recognize that everyone has rights and responsibilities.
- Respect alternative points of view.
- Recognize, accept, respect and appreciate individual differences.
- Recognize, accept, and appreciate diversity.
- Recognize and respect differences in various family configurations.
- Uses effective communication skills.
- Knows that communication involves speaking, listening and nonverbal behavior.
- Learn how to communicate effectively with family.
- Learn how to make and keep friends.

Benchmark: **KG-05** **Acquire self-knowledge.**

Counselor Role:

- Reinforce skills taught in the Education for Safety Program.
- Help students understand responsible behavior.
- Promotes the use of feeling words.
- Assist students in developing an awareness of self.
- Encourage students to respect others.
- Encourages students to become responsible family members.

Personal/Social

Student Indicators:

- Develop a positive attitude toward self as a unique and worthy person.
- Identify personal values, attitudes and beliefs.
- Learn the goal setting process.
- Understand change as part of growth.
- Identify and express feelings.
- Distinguish between appropriate and inappropriate behaviors.
- Recognize personal boundaries, rights and privacy needs.
- Understand the need for self-control and how to practice it.
- Demonstrate cooperative behavior in groups.
- Identify personal strengths and assets.
- Identify and discuss changing personal and social roles.
- Identify and recognize changing family roles.

Standard: Safety and Life Skills

Students will understand safety and life skills.

Benchmark: **KG-05** **Acquire personal safety skills.**

Counselor Role:

- Emphasize when to seek adult help.
- Reinforce the skills in the Youth Education for Safety Program.
- Helps children identify their rights to personal privacy.
- Identifies self and others as sources of help.
- Assists students in managing life's events.
- Facilitate in the training of parent volunteer for the Youth Education for Safety Program.

Personal/Social

Student Indicators:

- Demonstrate knowledge of personal information.
- Learn about the relationship between rules, laws, safety and the protection of an individual's rights.
- Learn the difference between appropriate and inappropriate physical contact.
- Demonstrate the ability to assert boundaries, rights and personal privacy.

- Differentiate between situations requiring peer support and situations requiring adult professional help.
- Identify resource people in the school and community and know how to seek their help.
- Apply effective problem-solving and decision-making skills to make safe and healthy choices.
- Learn about the emotional and physical dangers of substance use and abuse.
- Learn how to cope with peer pressure.
- Learn techniques for managing stress and conflict.
- Learn coping skills for managing life events.

Standard: Academic Preparation

Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

Benchmark: KG-05 **Improve learning.**

Counselor Role:

- Provide listening, brainstorming, problem-solving, cooperative learning, working in groups and organizational skills.
- Establish expectation that students demonstrate independence and responsibility.

Academic Development

Student Indicators:

- Demonstrate the motivation to achieve individual potential.
- Learn and apply critical thinking skills.
- Apply the study skills necessary for academic success at each level.
- Seek information and support from faculty, staff, family and peers.
- Organize and apply academic information from a variety of sources.
- Use knowledge of learning styles to positively influence school performance.
- Become a self-directed and independent learner.

Benchmark: KG-05 **Plan to achieve goals.**

Counselor Role:

- Provide practice for students in setting goals and identifying steps to get there.
- Teach a problem-solving /decision-making model.
- Reinforce connection between school performance and success.

Academic Development

Student Indicators:

- Use assessment results in education planning.
- Apply knowledge of aptitudes and interests to goal setting.
- Use problem-solving and decision -making skills to assess progress towards educational goals.
- Understand the relationship between classroom performance and success in school.

Standard: Career Decisions

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark: KG-05 **Develop career awareness.**

Counselor Role:

- Assist students' self awareness by identifying their strengths and areas needing improvement.
- Help students to set specific goals for improvement.
- Encourage students to identify their gifts.
- Support development and implementation of organizational skills.

Career Development

Student Indicators:

- Develop skills to locate, evaluate and interpret career information.
- Learn about the variety of occupations.
- Develop an awareness of personal abilities, skills, interests and motivations.
- Learn how to interact and work cooperatively in teams.
- Learn to make decisions.
- Learn to set goals.
- Understand the importance of planning.
- Pursue and develop competency in areas of interest.
- Develop hobbies.
- Learn to balance between work and leisure time.

Benchmark: **KG-05** **Develop employment readiness.**

Counselor Role:

- Assist students in identifying and acquiring work skills.

Career Development

Student Indicators:

- Acquire employability skills such as working on a team, problem solving and organizational skills.
- Apply job readiness skills to seek employment opportunities.
- Demonstrate knowledge about the changing workplace.
- Learn about the rights and responsibilities of employers and employees.
- Learn to respect individual uniqueness in the workplace.
- Develop a positive attitude toward work and learning.
- Understand the importance of responsibility, dependability, punctuality, integrity and effort in the workplace.
- Utilize time and task management skills.

Standard: **Career Strategies**

Students will employ strategies to achieve future career success and satisfaction.

Benchmark: **KG-05** **Acquire career information.**

Counselor Role:

- Provide opportunities for continued self awareness.
- Encourage students to explore occupations/careers.

Career Development

Student Indicators:

- Apply decision-making skills to career planning, course selection and career transitions.

- Identify personal skills, interests and abilities and relate them to current career choices.
- Demonstrate knowledge of the career planning process.
- Know the various ways which occupations can be classified.
- Use research and information resources to obtain career information.
- Describe occupations and how these relate to career choice.
- Understand how changing economic and societal needs influence employment trends and future training.

Benchmark: **KG-05** Identify career goals.

Counselor Role:

- Emphasize the impact of the students' education upon their career opportunities.

Career Development

Student Indicators:

- Demonstrate awareness of the education and training needed to achieve career goals.
- Assess and modify an educational plan to support career goals.

Standard: Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: **KG-05** Achieve school success.

Counselor Role:

- Work with teachers and parents to help students take responsibility for their actions.
- Teach students to work in groups.
- Encourage assertiveness and contributing to discussions.
- Participate on the Student Intervention Team to discuss and evaluate student needs.

Academic Development

Student Indicators:

- Take responsibility for his/her actions.
- Demonstrate the ability to work independently as well as the ability to work cooperatively with other students.
- Develop a broad range of interests and abilities.
- Demonstrate dependability, productivity and initiative.
- Share knowledge.

Benchmark: **KG-05** Acquire skills for improving learning.

Counselor Role:

- Emphasize organizational skills and provides practice to be organized.
- Encourage students to ask questions.

Academic Development

Student Indicators:

- Apply time management and task management skills.
- Demonstrate how effort and persistence positively affect learning.
- Use communication skills to know when and how to ask for help when needed.
- Apply knowledge of learning styles to positively influence school performance.

Benchmark: **KG-05** **Improve academic self-concept.**

Counselor Role:

- Provide strategies to prepare for tests.
- Coach students to cope with stress.
- Encourage students to take risks.
- Emphasize that mistakes are part of learning.
- Recognize student successes.

Academic Development

Student Indicators:

- Articulate feelings of competence and confidence as a learner.
- Display a positive interest in learning.
- Take pride in work and in achievement.
- Accept mistakes as essential to the learning process.
- Identify attitudes and behaviors which lead to successful learning.

Standard: Goals

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: **KG-05** **Learn ways to apply self-knowledge.**

Counselor Role:

- Help students to identify alternatives when problem solving.
- Reinforce stress management and the conflict resolution process.
- Assist students in exploring multiple alternatives to achieve their goals.
- Introduce peer pressure as an influence in students' decision-making process.
- Reinforce appropriate ways to interact with peers with an emphasis on respect for others (no harassment, teasing, bullying, fighting).

Personal/Social

Student Indicators:

- Use a decision-making and problem solving model.
- Understand consequences of decisions and choices.
- Identify alternative solutions to a problem.
- Develop effective coping skills for dealing with problems.
- Demonstrate when, where, and how to seek help for solving problems and making decisions.
- Know how to apply conflict resolution skills.
- Demonstrate a respect and appreciation for individual differences.

- Know when peer pressure is influencing a decision.
- Identify long and short term goals.
- Identify alternative ways of achieving goals.
- Use persistence and perseverance in acquiring knowledge and skills.

Standard: Personal Relationship to World of Work

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: KG-05 Acquire knowledge to achieve career goals.

Counselor Role:

- Emphasize the need to connect work in school with career success.
- Monitor students in setting goals and identifying steps to achieve them.
- Provide opportunities to explore basic factors in career decisions.

Career Development

Student Indicators:

- Understand the relationship between educational achievement and career success.
- Explain how work can help to achieve personal success and satisfaction.
- Identify personal preferences and interests which influence career choices and success.
- Understand that the changing workplace requires lifelong learning and acquiring new skills.
- Describe the effect of work on lifestyles.
- Understand the importance of equity and access in career choice.
- Understand that work is an important and satisfying means of personal expression.

Benchmark: KG-05 Apply skills to achieve career goals.

Counselor Role:

- Teach students conflict management skills.
- Support mediation as a problem-solving strategy and provides practice.
- Teach students to work cooperatively on a team.

Career Development

Student Indicators:

- Demonstrate how interests, abilities and achievement relate to achieving personal, social, educational and career goals.
- Learn how to use conflict management skills with peers and adults.
- Learn to work cooperatively with others as a team member.

Benchmark: **KG-05** **Relate school to life experiences.**

Counselor Role:

- Help students to achieve balance in their lives.
- Make linkages/connections with the real world.
- Emphasize that learning directly influences the quality of life.
- Help to identify role models from the community.
- Encourage service learning.

Academic Development

Student Indicators:

- Demonstrate the ability to balance school, studies, extracurricular activities, leisure time and family life.
- Seek co-curricular and community experiences to enhance the school experience.
- Understand the relationship between learning and work.
- Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining life goals.
- Understand that school success is the preparation to make the transition from student to community member.
- Understand how school success and academic achievement enhance future career opportunities.



Standard: Respect of Self and Others

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark: **KG-05** **Acquire interpersonal skills.**

Counselor Role:

- Promote themes of diversity in all areas.
- Emphasize the importance of strong communication skills.
- Reinforce qualities of friendship and behaviors required to make and keep friends.
- Emphasize qualities for character education.

Personal/Social

Student Indicators:

- Recognize that everyone has rights and responsibilities.
- Identify and recognize changes in family roles.
- Respect alternative points of view.
- Recognize, accept, respect and appreciate diversity.
- Recognize, accept and appreciate diversity.
- Recognize and respect differences in various family configuration.
- Use effective communication skills.
- Know that communication involves speaking, listening and nonverbal behavior.
- Learn how to communicate effectively with others.

- Learn how to make and keep friends.

Benchmark: **KG-05** **Acquire self-knowledge.**

Counselor Role:

- Work with students regarding changing family roles and configuration as needed.
- Help students identify personal strengths and assets and their impact on relationships.
- Work with individuals and small groups.
- Counsel students regarding appropriate interpersonal skills.
- Support students in developing positive attitudes about their own unique gifts and strengths.

Personal/Social

Student Indicators:

- Develop a positive attitude toward self as a unique and worthy person.
- Identify personal values, attitudes and beliefs.
- Learn the goal setting process.
- Understand change as a part of growth.
- Identify and express feelings.
- Distinguish between appropriate and inappropriate behaviors.
- Recognize personal boundaries, rights and privacy needs.
- Understand the need for self-control and how to practice it.
- Demonstrate cooperative behavior in groups.
- Identify personal strengths and assets.
- Identify and discuss changing personal and social roles.



Standard: Safety and Life Skills

Students will understand safety and life skills.

Benchmark: **KG-05** **Acquire personal safety skills.**

Counselor Role:

- Refer students and families to outside agencies as needed.
- Assist students in understanding when adult help is needed.
- Teach the Youth Education for Safety Program.
- Help students apply conflict management skills.
- Teach coping skills to students.
- Assist students in coping with stress and major life events.
- Reinforce making healthy choices.

Personal/Social

Student Indicators:

- Demonstrate knowledge of personal information (i.e. telephone number, home address, emergency contact).
- Learn about the relationship between rules, laws, safety and the protection of an individual's rights.
- Learn the difference between appropriate and inappropriate physical contact.

- Demonstrate the ability to assert boundaries, rights and personal privacy.
- Differentiate between situations requiring peer support and situations requiring adult professional help.
- Identify resource people in the school and community and know how to seek their help.
- Apply effective problem-solving and decision-making skills to make safe and healthy choices.
- Learn about the emotional and physical dangers of substance use and abuse.
- Learn how to cope with peer pressure.
- Learn techniques for managing stress and conflict.
- Learn coping skills for managing life events.

Standard: Academic Preparation

Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

Benchmark: KG-05 Improve learning.

Counselor Role:

- Provide situations that require higher-level thinking skills.
- Promote self-directed and independent learners.

Academic Development

Student Indicators:

- Demonstrate the motivation to achieve individual potential.
- Learn and apply critical thinking skills.
- Apply the study skills necessary for academic success at each level.
- Seek information and support from staff, family and peers.
- Organize and apply academic information from a variety of sources.
- Use knowledge of learning styles to positively influence school performance.
- Become a self-directed and independent learner.

Benchmark: KG-05 Plan to achieve goals.

Counselor Role:

- Provide practice for students to set goals and establish steps to accomplish them.
- Teach a comprehensive decision-making model appropriate for preadolescents.

Academic Development

Student Indicators:

- Use assessment results in educational planning.
- Use problem-solving and decision-making skills to assess progress towards education goals.
- Understand the relationship between classroom performance and success in school.

Standard: Academic Relationships

Students will understand how academics relate to the world of work, to life at home, and in the community.

Benchmark: KG-05 Acquire knowledge to achieve career goals.

Counselor Role:

- Promote concept of the relationship of success in the classroom to their future.
- Assist students in identifying their personal qualities and talents and how they transfer to future careers.
- Establish models for continuing to learn and grow.
- Help students to understand that a career choice including location and training impacts many aspects of their lives.

Career Development

Student Indicators:

- Understand the relationship between educational achievement and career success.

- Explain how work can help to achieve personal success and satisfaction.
- Identify personal preferences and interests that influence career choices and success.
- Understand that the changing workplace requires lifelong learning in acquiring new skills.
- Describe the effect of work on lifestyles.
- Understand that work is an important and satisfying means of personal expression.

Benchmark: **KG-05** **Apply skills to achieve career goals.**

Counselor Role:

- Promote service learning with students.
- Provide opportunity for students to work cooperatively with others.

Career Development

Student Indicators:

- Demonstrate how interests, abilities, and achievement relate to achieving personal, social, educational and career goals.
- Learn how to use conflict-management skills with peers and adults.
- Learn to work cooperatively with others as a team member.

Benchmark: **KG-05** **Relate school to life experiences.**

Counselor Role:

- Assist students in balancing home and school activities.
- Help students understand the relationship of school to home and community.
- Foster service learning.

Academic Development

Student Indicators:

- Demonstrate the ability to balance school, studies, extracurricular activities, leisure time, and family life.
- Seek co-curricular and community experiences to enhance the school experience.
- Understand the relationship between learning and work.
- Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.
- Understand that school success is the preparation to make the transition from student to community member.

Standard: **Career Decisions**

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark:

KG-05

Develop career awareness.

Counselor Role:

- Encourage greater self-awareness of abilities, skills, interests, and motivation.
- Encourage students to use a decision-making model.
- Assist students in achieving balance in their lives.

Career Development

Student Indicators:

- Develop skills to locate, evaluate, and interpret career information.
- Learn about the variety of occupations.
- Develop an awareness of personal abilities, skills, interests, and motivations.
- Learn how to interact and work cooperatively in teams.
- Learn to make decisions.
- Learn how to set goals.
- Understand the importance of planning.
- Pursue and develop competency in areas of interest.
- Develop hobbies.
- Learn to balance between work and leisure time.

Benchmark:

KG-05

Develop employment readiness.

Counselor Role:

- Emphasize strong organizational skills.
- Help students recognize the connections between learning and future work opportunities.
- Emphasize the characteristics of a good worker.

Career Development

Student Indicators:

- Acquire employability skills such as working on team, problem-solving, and organizational skills.
- Apply job readiness skills to seek employment opportunities.
- Demonstrate knowledge about the changing workplace.
- Learn to respect individual uniqueness in the workplace.
- Develop a positive attitude toward work and learning.
- Understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.
- Utilize time and management skills.

Standard:

Career Strategies

Students will employ strategies to achieve future career success and satisfaction.

Benchmark: **KG-05** **Acquire career information.**

Counselor Role:

- Encourage students to explore occupations and careers.
- Promote opportunities for students to recognize a variety of leadership roles.
- Expose students to specific career roles.

Career Development

Student Indicators:

- Apply decision-making skills to career planning, course selection, and career transitions.
- Identify personal skills, interests, and abilities and relate them to current career choices.
- Demonstrate knowledge of the career planning process.
- Use research and information resources to obtain career information.
- Describe occupations and how these relate to career choice.

Benchmark: **KG-05** **Identify career goals.**

Counselor Role:

- Consistently connect students' focus/activities to the world of work.

Career Development

Student Indicators:

- Demonstrate awareness of the education and training needed to achieve career goals.
- Assess and modify his/her educational plan to support career goals.

Standard: Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: **KG-05** **Achieve school success.**

Counselor Role:

- Work with parents and teachers to help students take responsibility for their actions.
- Provide opportunities for students to work independently and with teams.
- Encourage students to increase their abilities and broaden their interests.
- Establish situations to teach and encourage students to share their ideas and learning.
- Participate on Student Intervention Team.

Academic Development

Student Indicators:

- Take responsibility for his/her actions.
- Demonstrate the ability to work independently as well as the ability to work cooperatively.
- Develop a broad range of interests and abilities.
- Demonstrate dependability, productivity, and initiative.
- Share knowledge.

Benchmark: **KG-05** **Acquire skills for improving learning.**

Counselor Role:

- Emphasize strong organizational skills.
- Model and teach communication skills.
- Reinforce the concept of learning styles with students, parents, and teachers.

Academic Development

Student Indicators:

- Apply time management and task management skills.
- Demonstrate how effort and persistence positively affect learning.
- Use communication skills to know when and how to ask for help.
- Apply knowledge of learning styles to positively influence school performance.

Benchmark: **KG-05** **Improve academic self-concept.**

Counselor Role:

- Encourage students to use test-taking strategies.
- Emphasize that it is okay to make mistakes.
- Model a positive attitude toward learning.

Academic Development

Student Indicators:

- Articulate feelings of competence and confidence as a learner.
- Display positive interest in learning.
- Take pride in work and in achievement.
- Accept mistakes as essential to the learning process.
- Identify attitudes and behaviors that lead to successful learning.

Standard: Goals

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: **KG-05** **Learn ways to apply self-knowledge.**

Counselor Role:

- Encourage students to problem-solve and use good decision-making skills.
- Support classroom instruction related to healthy lifestyles.
- Provide opportunities for students to use conflict resolution strategies.
- Help students to understand the meaning and effect of peer pressure and how to say "no" when appropriate.
- Help students to identify adults who can help them.
- Encourage students to respect differences.

Personal/Social

Student Indicators:

- Use a decision-making and problem-solving model.
- Understand consequences of decisions and choices.
- Identify alternative solutions to a problem.
- Develop effective coping skills for dealing with problems.

- Demonstrate where, when, and how to seek help for solving problems and making decisions.
- Know how to apply conflict resolution skills.
- Demonstrate a respect and appreciation for differences.
- Know when peer pressure is influencing a decision.
- Identify long and short-term goals.
- Identify alternative ways of achieving goals.
- Use persistence and perseverance in acquiring knowledge and skills.

Standard: Respect of Self and Others

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark: KG-05 **Acquire interpersonal skills.**

Counselor Role:

- Support students who are experiencing various family configurations.
- Teach and model effective communication skills.
- Emphasize personal responsibility of each student.
- Work with students on strategies to make and maintain friendships.
- Raise students' awareness about the importance of sympathy.
- Celebrate acts of empathy.
- Emphasize the qualities of character education.

Personal/Social

Student Indicators:

- Recognize that everyone has rights and responsibilities, including family and friends.
- Respect alternative points of view.
- Recognize, accept, respect and appreciate individual differences.
- Recognize, accept, and appreciate diversity.
- Recognize and respect differences in various family configurations.
- Use effective communication skills.
- Know that communication involves speaking, listening, and nonverbal behavior.
- Learn how to communicate effectively with others.
- Learn how to make and keep friends.

Benchmark: KG-05 **Acquire self-knowledge.**

Counselor Role:

- Facilitate students' understanding of physical, social, and emotional changes in their lives.
- Support students in their continued self-awareness.
- Encourage students to accept their feelings and express them in a healthy manner.

Personal/Social

Student Indicators:

- Develop a positive attitude toward self as a unique and worthy person.
- Identify personal values, attitudes and beliefs.
- Learn the goal-setting process.
- Understand change as a part of growth.
- Identify and express feelings.
- Distinguish between appropriate and inappropriate behaviors.
- Recognize personal boundaries, rights and privacy needs.
- Understand the need for self-control and how to practice it.
- Demonstrate cooperative behavior in groups.
- Identify personal strengths and assets.
- Identify and discuss changing personal and social roles.
- Identify and recognize changing family roles.

Standard: Safety and Life Skills

Students will understand safety and life skills.

Benchmark: KG-05 **Acquire personal safety skills.**

Counselor Role:

- Encourage students to seek adult assistance.
- Reinforce the Y.E.S. Program.
- Emphasize understanding of appropriate physical contact.
- Foster appreciation of rules, laws, safety and individual rights.
- Collaborate with school personnel to deliver consistent messages about the dangers of substance abuse.
- Refer students and families to community agencies as needed.
- Raise students' awareness about negative behaviors (e.g., bullying, gossiping, etc.).
- Support implementation of health programs.

Personal/Social

Student Indicators:

- Demonstrate knowledge of personal information (i.e., telephone number, home address, emergency contact).
- Learn about the relationship between rules, laws, safety, and the protection of individual rights.
- Learn the difference between appropriate and inappropriate physical contact.
- Demonstrate the ability to assert boundaries, rights, and personal privacy.
- Differentiate between situations requiring peer support and situations requiring adult professional help.

- Identify resource people in the school and community and know how to seek their help.
- Apply effective problem-solving and decision-making skills to make safe and healthy choices.
- Learn about the emotional and physical dangers of substance use and abuse.
- Learn how to cope with peer pressure.
- Learn techniques for managing stress in conflict.
- Learn coping skills for managing life events.

Standard: Academic Preparation

Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

Benchmark: 06-08 Improve learning

Counselor Role:

- counsels students and parents regarding academic options including summer school or retention.
- provides students with course options to explore.
- assists with interpreting pertinent information for parents and school officials regarding standardized test scores.
- provides opportunities to practice critical thinking skills.
- reinforces study skills.
- helps students identify adults who can help them be more effective learners.

Academic Development

Student Indicators:

- Demonstrate the motivation to achieve individual potential.
- Learn and apply critical thinking skills.
- Apply the study skills necessary for academic success at each level.
- Seek information and support from faculty, staff, family, and peers.
- Organize and apply academic information from a variety of sources.
- Use knowledge of learning styles to positively influence school performance.
- Become a self-directed and independent learner.
- Recognize the intrinsic value of learning.
- Complete required standardized tests.

Benchmark: 06-08 Plan to achieve goals

Counselor Role:

- assist students with goal setting activities and discussions.
- assist students in academic course selections.
- communicates with elementary school and high school personnel as needed to ensure a positive transition.
- reinforces problem solving and decision making.
- encourages students to consider strengths to pursue and areas to improve.
- assist students in using Internet resources for planning

Academic Development

Student Indicators:

- Establish challenging academic goals in elementary, middle, and high school.
- Use assessment results in educational planning.
- Develop and implement plans to maximize academic ability and achievement.
- Apply knowledge of aptitudes and interests to goal setting.
- Use problem-solving and decision-making skills to assess progress towards educational goals.

- Understand the relationship between classroom performance and success in school.

Standard: Academic Relationships

Students will understand the relationship of academics to the world of work, and to life at home and in the community.

Benchmark: 06-08 **Relate school to life experiences.**

Counselor Role:

- encourages involvement in a variety of activities in and out of school.
- provides individual and group counseling.
- shares information to use in making informed decisions.
- makes available information involving community resources.
- encourages students to plan activities and balance the many components of their lives.
- supports participation in co-curricular and community activities.

Academic Development

Student Indicators:

- Demonstrate the ability to balance school, studies, extracurricular activities, leisure time, and family life.
- Seek co-curricular and community experiences to enhance the school experience.
- Understand the relationship between learning and work.
- Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.
- Understand that school success is the preparation to make the transition from student to community member.
- Understand how school success and academic achievement enhance future career and vocational opportunities.
- Develop personal interests inside and outside of school.
- Identify and use school and community resources to help deal with his/her needs.

Standard: Career Decisions

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark: 06-08 **Develop career awareness.**

Counselor Role:

- provides opportunities for students to assess their personal abilities, skills, and interests.
- encourages team work and appreciation for each member's talents.
- continues to reinforce decision-making skills.
- urges planning and goal setting.
- promotes exploration of careers and leisure time activities.

Career Development

Student Indicators:

- Develop skills to locate, evaluate, and interpret career information.
- Learn about the variety of traditional and nontraditional occupations.

- Develop an awareness of personal abilities, skills, interests, and motivations.
- Learn how to interact and work cooperatively in teams.
- Learn to make decisions.
- Learn how to set goals.
- Understand the importance of planning.
- Pursue and develop competency in areas of interest.
- Develop hobbies and vocational interests.
- Learn to balance work and leisure time.
- Learn about the variety of traditional and nontraditional occupations.
- Use identification of values, talents, and interests to help him or herself in course selection and career planning.
- Be provided with opportunities to explore diverse experiences.

Benchmark:

06-08

Develop employment readiness

Counselor Role:

- supports students in developing time management and organizational skills.
- helps students appreciate the qualities of a good worker and begin to acquire and strengthen these characteristics in themselves.
- reinforces time management skills.

Career Development

Student Indicators:

- Acquire employability skills such as working on a team, problem solving, and organizational skills.
- Demonstrate knowledge about the changing workplace.
- Learn about the rights and responsibilities of employers and employees.
- Learn to respect individual uniqueness in the workplace.
- Develop an understanding of information that is included on a resume.
- Develop a positive attitude toward work and learning.
- Understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.
- utilize time and task management skills.

Standard:

Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: 06-08 **Achieve school success.**

Counselor Role:

- provides individual and group counseling.
- provides classroom guidance activities.
- shares pertinent information so students can make informed decisions.
- intervenes with students and their families to promote seeking help.
- participates in meetings to discuss and evaluate students' needs.
- counsels students having academic difficulty.
- collects and distributes information from school personnel or outside agencies regarding adolescent issues effecting academics.
- coordinates transition activities from elementary to middle and middle to high schools.
- encourages students to work independently and in teams.
- provides opportunities for students to learn from each other.
- works with teachers and parents to help students take responsibility for their actions.

Academic Development

Student Indicators:

- take responsibility for his/her actions.
- demonstrate the ability to work independently as well as the ability to work cooperatively with other students.
- develop a broad range of interests and abilities.
- demonstrate dependability, productivity, and initiative.
- share knowledge.
- identify and use school and community resources to help deal with his/her needs.
- receive appropriate "special needs" identification when necessary.
- receive appropriate identification through use of outside assessment measures.
- participate in orientation programs as he/she transitions from elementary to middle school and middle school to high school.

Benchmark: 06-08 **Acquire skills for improving learning.**

Counselor Role:

- works with students on projects which provide them with various opportunities for personal improvement.
- provides individual and group counseling.
- provides classroom guidance activities.
- shares pertinent information so students can make informed decisions.
- encourages students to ask questions.
- helps students to plan and manage their time.
- promotes strong organizational skills.

Academic Development

Student Indicators:

- apply time management and task management skills.
- demonstrate how effort and persistence positively effect learning.
- use communication skills to know when and how to ask for help when needed.
- apply knowledge of learning styles to positively influence school performance.

- identify strategies used in problem solving.

Benchmark: 06-08 **Improve academic self-concept.**

Counselor Role:

- provides strategies to prepare and take tests.
- promotes a sense of confidence in each learner.
- emphasizes that mistakes are part of learning.
- assists students during the registration process.
- interprets learning style inventories.
- develops academic plans, along with the support of parents and school personnel, to help students achieve success.
- provides and encourages individual counseling to help students become lifelong learners.
- discusses and reviews interim reports with students and parents.
- collaborates with teachers in finding the most appropriate way to evaluate students.

Academic Development

Student Indicators:

- articulate feelings of competence and confidence as a learner.
- display a positive interest in learning.
- take pride in work and in achievement.
- accept mistakes as essential to the learning process.
- identify attitudes and behaviors which lead to successful learning.
- receive special interventions/modifications when necessary.

Standard: Goals

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: 06-08 **Learn ways to apply self-knowledge**

Counselor Role:

- provides individual and group counseling.
- encourages exploration of problem solving strategies using a variety of resources
- communicates with parents throughout the year.
- provides information during the registration process so students can make well-informed decisions in scheduling courses.
- provides opportunities to practice decision making.
- supports students with solving problems and implementing coping skills.
- provides opportunities to discuss peer pressure and the issues around it.
- promotes an appreciation of differences.

Personal/Social

Student Indicators:

- use a decision-making and problem-solving model.
- understand consequences of decisions and choices.
- identify alternative solutions to a problem.
- develop effective coping skills for dealing with problems.
- demonstrate when, where, and how to seek help for solving problems and making decisions.

- know how to apply conflict resolution skills.
- demonstrate a respect and appreciation for individual and cultural differences.
- know when peer pressure is influencing a decision.
- identify long- and short- term goals.
- identify alternative ways of achieving goals.
- use persistence and perseverance in acquiring knowledge and skills.
- develop an action plan to set and achieve realistic goals.
- identify sources to obtain information needed in decision making including school and community resources.
- explore diverse experiences.
- recognize that decisions have consequences and accept responsibility for his/her decisions.
- understand the skill of assertiveness and demonstrate it in pressure situations.

Standard: Personal Relationship to World of Work

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: 06-08 **Acquire knowledge and skills to achieve career goals**

Counselor Role:

- encourages self-exploration through the scheduling process, career activities, and multicultural events.
- provides classroom guidance activities.
- encourages student participation in extracurricular/community activities.
- encourages students to identify interests, talents, abilities, and areas for self-improvement.

Career Development

Student Indicators:

- understand the relationship between educational achievement and career success.
- explain how work can help to achieve personal success and satisfaction.
- identify personal preferences and interests which influence career choices and success.
- understand that the changing workplace requires lifelong learning and acquiring new skills.
- describe the effect of work on lifestyles.
- understand that work is an important and satisfying means of personal expression.
- describe her/his personal strengths and weaknesses in relationship to given decision-making situations.
- describe how personal beliefs and attitudes affect decision making.

- appreciate the unique characteristics and abilities of self and others.
- learn how to use conflict management skills with peers and adults.
- learn to work cooperatively with others as a team member.
- demonstrate how interests, abilities, and achievement relate to achieving personal, social, educational, and career goals

Standard: Respect of Self and Others

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark: 06-08 Acquire interpersonal skills

Counselor Role:

- provides individual and group counseling.
- provides classroom guidance activities.
- encourages relationship building among students.
- provides opportunities for students to resolve conflicts between peers.
- emphasizes the qualities for the district's Pillars of Ethical Behavior.
- builds students' understanding of alternative points of view and encourages them to accept and appreciate differences among people.
- elaborates on the various elements of communication.
- reinforces the art of making and keeping friends.
- extends concept of empathy.

Personal/Social

Student Indicators:

- recognize that everyone has rights and responsibilities, including family and friends.
- respect alternative points of view.
- recognize, accept, respect, and appreciate individual differences.
- recognize, accept, and appreciate ethnic and cultural diversity.
- recognize and respect differences in various family configurations.
- use effective communication skills.
- know that communication involves speaking, listening, and nonverbal behavior.
- learn how to communicate effectively with family.
- learn how to make and keep friends.
- recognize how decisions and actions affect self and others.
- describe her/his personal strengths and weaknesses in relationship to given decision-making situations.
- demonstrate decision-making skills that assist him/her in maintaining good physical and mental health and balance to his/her life.
- understand the importance of open two-way communication.

- demonstrate effective skills for interacting with others.
- evaluate how what is said affects another's actions and how what others say affects his/her actions.
- communicate decisions, thoughts, and feelings.
- understand the importance of getting along with others and developing healthy relationships.

Benchmark:

06-08 Acquire self-knowledge

Counselor Role:

- provides classroom guidance activities.
- provides availability to be responsive to students' needs.
- counsels students individually and in groups.
- encourages students to explore activities that will enhance abilities and support a positive self-concept.
- encourages students to resolve conflicts on their own.
- refers students to outside agencies if necessary.
- models positive attitude in interactions with students.
- supports student involvement in activities in and out of school.
- promotes self-confidence and positive attitudes about self.
- responds to students' concerns and questions about issues related to their overall growth and development.
- encourages expression of feelings.

Personal/Social

Student Indicators:

- develop a positive attitude toward self as a unique and worthy person.
- identify personal values, attitudes, and beliefs.
- learn the goal setting process.
- understand change as a part of growth.
- identify and express feelings.
- distinguish between appropriate and inappropriate behaviors.
- recognize personal boundaries, rights, and privacy needs.
- understand the need for self-control and how to practice it.
- demonstrate cooperative behavior in groups.
- identify personal strengths and assets.
- identify and discuss changing personal and social roles.
- identify and recognize changing family roles.
- identify and discuss characteristics of self-esteem and self-concept.
- understand the importance of a positive self-concept.
- identify and discuss some of the major changes experienced in early adolescence.
- understand the concept of validation and the importance of being a self-advocate.

- recognize and understand personal feelings and the source of those feelings, and develop strategies to cope with them.
- develop positive attitudes and beliefs and assess how they affect his/her life.

Standard: Safety and Life Skills

Students will understand safety and life skills.

Benchmark: 06-08 **Acquire personal safety skills**

Counselor Role:

- provides individual and group counseling.
- serves as liaison between parents and outside agencies regarding personal and social issues of students.
- offers assistance and encourages students to seek help when necessary.
- reinforces understanding of appropriate physical contact.
- continues to emphasize effective decision-making skills and the impact of their decisions.
- supports students in managing stress and conflict.
- emphasizes importance of making healthy choices regarding substance abuse.
- supports implementation of the health and wellness curricula.

Personal/Social

Student Indicators:

- demonstrate knowledge of personal information (i.e., telephone number, home address, emergency contact).
- learn about the relationship between rules, laws, safety, and the protection of an individual's rights.
- learn the difference between appropriate and inappropriate physical contact.
- demonstrate the ability to assert boundaries, rights, and personal privacy.
- differentiate between situations requiring peer support and situations requiring adult professional help.
- identify resource people in the school and community and know how to seek their help.
- apply effective problem-solving and decision-making skills to make safe and healthy choices.
- learn about the emotional and physical dangers of substance use and abuse.
- learn how to cope with peer pressure.
- learn techniques for managing stress and conflict.
- learn coping skills for managing life events.
- possess knowledge about substances such as alcohol., tobacco, and other drugs.
- demonstrate understanding of the importance of seeking help with health concerns.
- demonstrate an understanding of the difference between healthy and unhealthy relationships.

- recognize the relationship between emotions and their effect on a person's health.
- recognize how actions affect others.
- understand and demonstrate the importance of maintaining effective relationships.
- recognize that decisions have consequences and accept responsibility for his/her decisions.

Standard: Academic Preparation

Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

Benchmark: 06-08 Improve learning

Counselor Role:

- counsels students and parents regarding academic options including summer school or retention.
- provides students with course options to explore.
- assists with interpreting pertinent information for parents and school officials regarding standardized test scores.
- provides opportunities to practice critical thinking skills.
- reinforces study skills.
- helps students identify adults who can help them be more effective learners.

Academic Development

Student Indicators:

- demonstrate the motivation to achieve individual potential.
- learn and apply critical thinking skills.
- apply the study skills necessary for academic success at each level.
- seek information and support from faculty, staff, family, and peers.
- organize and apply academic information from a variety of sources.
- use knowledge of learning styles to positively influence school performance.
- become a self-directed and independent learner.
- recognize the intrinsic value of learning.
- complete required standardized tests.

Benchmark: 06-08 Plan to achieve goals

Counselor Role:

- assist students with goal setting activities and discussions.
- assist students in academic course selections.
- reinforces problem solving and decision making.
- encourages students to consider strengths to pursue and areas to improve.
- assist students in using Internet resources for planning

Academic Development

Student Indicators:

- establish challenging academic goals in elementary, middle, and high school.
- use assessment results in educational planning.
- develop and implement plans to maximize academic ability and achievement.
- apply knowledge of aptitudes and interests to goal setting.
- use problem-solving and decision-making skills to assess progress towards educational goals.
- understand the relationship between classroom performance and success in school.

Standard: Academic Relationships

Students will understand the relationship of academics to the world of work, and to life at home and in the community.

Benchmark: 06-08 **Relate school to life experiences.**

Counselor Role:

- encourages involvement in a variety of activities in and out of school.
- provides individual and group counseling.
- shares information to use in making informed decisions.
- makes available information involving community resources.
- encourages students to plan activities and balance the many components of their lives.
- supports participation in co-curricular and community activities.

Academic Development

Student Indicators:

- demonstrate the ability to balance school, studies, extracurricular activities, leisure time, and family life.
- seek co-curricular and community experiences to enhance the school experience.
- understand the relationship between learning and work.
- demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.
- understand that school success is the preparation to make the transition from student to community member.
- understand how school success and academic achievement enhance future career and vocational opportunities.
- develop personal interests inside and outside of school.
- identify and use school and community resources to help deal with his/her needs.

Standard: Career Decisions

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark: 06-08 **Develop career awareness.**

Counselor Role:

- provides opportunities for students to assess their personal abilities, skills, and interests.
- encourages team work and appreciation for each member's talents.
- continues to reinforce decision-making skills.
- urges planning and goal setting.
- promotes exploration of careers and leisure time activities.

Career Development

Student Indicators:

- develop skills to locate, evaluate, and interpret career information.
- learn about the variety of traditional and nontraditional occupations.
- develop an awareness of personal abilities, skills, interests, and motivations.

- learn how to interact and work cooperatively in teams.
- learn to make decisions.
- learn how to set goals.
- understand the importance of planning.
- pursue and develop competency in areas of interest.
- develop hobbies and vocational interests.
- learn to balance work and leisure time.
- Learn about the variety of traditional and nontraditional occupations.
- be provided with opportunities to explore diverse experiences.

Benchmark:

06-08

Develop employment readiness

Counselor Role:

- supports students in developing time management and organizational skills.
- helps students appreciate the qualities of a good worker and begin to acquire and strengthen these characteristics in themselves.
- reinforces time management skills.

Career Development

Student Indicators:

- acquire employability skills such as working on a team, problem solving, and organizational skills.
- demonstrate knowledge about the changing workplace.
- learn about the rights and responsibilities of employers and employees.
- learn to respect individual uniqueness in the workplace.
- Develop an understanding of information that is included on a resume.
- Develop a positive attitude toward work and learning.
- understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.
- utilize time and task management skills.

Standard:

Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: 06-08 **Achieve school success.**

Counselor Role:

- provides individual and group counseling.
- provides classroom guidance activities.
- shares pertinent information so students can make informed decisions.
- intervenes with students and their families to promote seeking help.
- participates in meetings to discuss and evaluate students' needs.
- counsels students having academic difficulty.
- collects and distributes information from school personnel or outside agencies regarding adolescent issues effecting academics.
- encourages students to work independently and in teams.
- provides opportunities for students to learn from each other.
- works with teachers and parents to help students take responsibility for their actions.

Academic Development

Student Indicators:

- take responsibility for his/her actions.
- demonstrate the ability to work independently as well as the ability to work cooperatively with other students.
- develop a broad range of interests and abilities.
- demonstrate dependability, productivity, and initiative.
- share knowledge.
- identify and use school and community resources to help deal with his/her needs.
- receive appropriate identification through use of outside assessment measures.

Benchmark: 06-08 **Acquire knowledge and skills to achieve career goals**

Counselor Role:

- works with students on projects which provide them with various opportunities for personal improvement.
- provides individual and group counseling.
- provides classroom guidance activities.
- shares pertinent information so students can make informed decisions.
- encourages students to ask questions.
- helps students to plan and manage their time.
- promotes strong organizational skills.

Academic Development

Student Indicators:

- apply time management and task management skills.
- demonstrate how effort and persistence positively effect learning.
- use communication skills to know when and how to ask for help when needed.
- apply knowledge of learning styles to positively influence school performance.
- identify strategies used in problem solving.

Benchmark: 06-08 **Improve academic self-concept.**

Counselor Role:

- provides strategies to prepare and take tests.
- promotes a sense of confidence in each learner.
- emphasizes that mistakes are part of learning.
- assists students during the registration process.
- interprets learning style inventories.
- develops academic plans, along with the support of parents and school personnel, to help students achieve success.
- provides and encourages individual counseling to help students become lifelong learners.
- discusses and reviews interim reports with students and parents.
- collaborates with teachers in finding the most appropriate way to evaluate students.

Academic Development

Student Indicators:

- articulate feelings of competence and confidence as a learner.
- display a positive interest in learning.
- take pride in work and in achievement.
- accept mistakes as essential to the learning process.
- identify attitudes and behaviors which lead to successful learning.
- recognize individual learning styles.
- receive special interventions/modifications when necessary.

Standard: Goals

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: 06-08 **Learn ways to apply self-knowledge**

Counselor Role:

- provides individual and group counseling.
- encourages exploration of problem solving strategies using a variety of resources
- communicates with parents throughout the year.
- provides information during the registration process so students can make well-informed decisions in scheduling courses.
- provides opportunities to practice decision making.
- supports students with solving problems and implementing coping skills.
- provides opportunities to discuss peer pressure and the issues around it.
- promotes an appreciation of differences.

Personal/Social

Student Indicators:

- use a decision-making and problem-solving model.
- understand consequences of decisions and choices.
- identify alternative solutions to a problem .
- develop effective coping skills for dealing with problems.
- demonstrate when, where, and how to seek help for solving problems and making decisions.

- know how to apply conflict resolution skills.
- demonstrate a respect and appreciation for individual and cultural differences.
- know when peer pressure is influencing a decision.
- identify long- and short- term goals.
- identify alternative ways of achieving goals.
- use persistence and perseverance in acquiring knowledge and skills.
- develop an action plan to set and achieve realistic goals.
- identify sources to obtain information needed in decision making including school and community resources.
- explore diverse experiences.
- recognize that decisions have consequences and accept responsibility for his/her decisions.
- understand the skill of assertiveness and demonstrate it in pressure situations.

Standard: Personal Relationship to World of Work

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: 06-08 **Acquire knowledge and skills to achieve career goals**

Counselor Role:

- encourages self-exploration through the scheduling process, career activities, and multicultural events.
- provides classroom guidance activities.
- encourages student participation in extracurricular/community activities.
- encourages students to identify interests, talents, abilities, and areas for self-improvement.

Career Development

Student Indicators:

- understand the relationship between educational achievement and career success.
- explain how work can help to achieve personal success and satisfaction.
- identify personal preferences and interests which influence career choices and success.
- understand that the changing workplace requires lifelong learning and acquiring new skills.
- describe the effect of work on lifestyles.
- understand that work is an important and satisfying means of personal expression.
- describe her/his personal strengths and weaknesses in relationship to given decision-making situations.
- describe how personal beliefs and attitudes affect decision making.

- appreciate the unique characteristics and abilities of self and others.
- use identification of values, talents, and interests to help him/herself in course selection and career planning.
- demonstrate how interests, abilities, and achievement relate to achieving personal, social, educational, and career goals.
- learn how to use conflict management skills with peers and adults.
- learn to work cooperatively with others as a team member.

Standard:

Respect of Self and Others

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark:

06-08

Acquire interpersonal skills

Counselor

Role:

- provides individual and group counseling.
- provides classroom guidance activities.
- encourages relationship building among students.
- provides opportunities for students to resolve conflicts between peers.
- emphasizes the qualities for the district's Pillars of Ethical Behavior.
- builds students' understanding of alternative points of view and encourages them to accept and appreciate differences among people.
- elaborates on the various elements of communication.
- reinforces the art of making and keeping friends.
- extends concept of empathy.

Personal/Social

Student Indicators:

- recognize that everyone has rights and responsibilities, including family and friends.
- respect alternative points of view.
- recognize, accept, respect, and appreciate individual differences.
- recognize, accept, and appreciate ethnic and cultural diversity.
- recognize and respect differences in various family configurations.
- use effective communication skills.
- know that communication involves speaking, listening, and nonverbal behavior.
- learn how to communicate effectively with family.
- learn how to make and keep friends.
- recognize how decisions and actions affect self and others.
- describe her/his personal strengths and weaknesses in relationship to given decision-making situations.

- demonstrate decision-making skills that assist him/her in maintaining good physical and mental health and balance to his/her life.
- understand the importance of open two-way communication.
- demonstrate effective skills for interacting with others.
- evaluate how what is said affects another's actions and how what others say affects his/her actions.
- communicate decisions, thoughts, and feelings.
- understand the importance of getting along with others and developing healthy relationships.

Benchmark:

06-08 **Acquire self-knowledge**

Counselor Role:

- provides classroom guidance activities.
- provides availability to be responsive to students' needs
- counsels students individually and in groups.
- encourages students to explore activities that will enhance abilities and support a positive self-concept.
- encourages students to resolve conflicts on their own.
- refers students to outside agencies if necessary.
- models positive attitude in interactions with students.
- supports student involvement in activities in and out of school.
- promotes self-confidence and positive attitudes about self.
- responds to students' concerns and questions about issues related to their overall growth and development.
- encourages expression of feelings.

Personal/Social

Student Indicators:

- develop a positive attitude toward self as a unique and worthy person.
- identify personal values, attitudes, and beliefs.
- learn the goal setting process.
- understand change as a part of growth.
- identify and express feelings.
- distinguish between appropriate and inappropriate behaviors.
- recognize personal boundaries, rights, and privacy needs.
- understand the need for self-control and how to practice it.
- demonstrate cooperative behavior in groups.
- identify personal strengths and assets.
- identify and discuss changing personal and social roles.
- identify and recognize changing family roles.
- identify and discuss characteristics of self-esteem and self-concept.

- understand the importance of a positive self-concept.
- identify and discuss some of the major changes experienced in early adolescence.
- understand the concept of validation and the importance of being a self-advocate.
- recognize and understand personal feelings and the source of those feelings, and develop strategies to cope with them.
- develop positive attitudes and beliefs and assess how they affect his/her life.

Standard: Safety and Life Skills

Students will understand safety and life skills.

Benchmark: 06-08 **Acquire personal safety skills**

Counselor Role:

- counsels students individually and in groups.
- serves as liaison between parents and outside agencies regarding personal and social issues of students.
- offers assistance and encourages students to seek help when necessary.
- reinforces understanding of appropriate physical contact.
- continues to emphasize effective decision-making skills and the impact of their decisions.
- supports students in managing stress and conflict.
- emphasizes importance of making healthy choices regarding substance abuse.
- supports implementation of the health and wellness curricula.

Personal/Social

Student Indicators:

- demonstrate knowledge of personal information (i.e., telephone number, home address, emergency contact).
- learn about the relationship between rules, laws, safety, and the protection of an individual's rights.
- learn the difference between appropriate and inappropriate physical contact.
- demonstrate the ability to assert boundaries, rights, and personal privacy.
- differentiate between situations requiring peer support and situations requiring adult professional help.
- identify resource people in the school and community and know how to seek their help.
- apply effective problem-solving and decision-making skills to make safe and healthy choices.
- learn about the emotional and physical dangers of substance use and abuse.
- learn how to cope with peer pressure.
- learn techniques for managing stress and conflict.
- learn coping skills for managing life events.

- possess knowledge about substances such as alcohol., tobacco, and other drugs.
- demonstrate understanding of the importance of seeking help with health concerns.
- demonstrate an understanding of the difference between healthy and unhealthy relationships.
- recognize the relationship between emotions and their effect on a person's health.
- recognize how actions affect others.
- understand and demonstrate the importance of maintaining effective relationships.
- recognize that decisions have consequences and accept responsibility for his/her decisions.

Standard: Academic Preparation

Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

Benchmark: 06-08 **Improve learning**

Counselor Role:

- counsels students and parents regarding academic options including summer school or retention.
- provides students with course options to explore.
- shares pertinent information for parents and school officials regarding standardized test scores.
- provides opportunities to practice critical thinking skills.
- reinforces study skills.
- helps students identify adults who can help them be more effective learners.

Academic Development

Student Indicators:

- demonstrate the motivation to achieve individual potential.
- learn and apply critical thinking skills.
- apply the study skills necessary for academic success at each level.
- seek information and support from faculty, staff, family, and peers.
- organize and apply academic information from a variety of sources.
- use knowledge of learning styles to positively influence school performance.
- become a self-directed and independent learner.
- recognize the intrinsic value of learning.
- complete required standardized tests.

Benchmark: 06-08 **Plan to achieve goals**

Counselor Role:

- assist students with shadowing processes.
- assist students with goal setting activities and discussions.
- assist students in academic course selections.
- communicates with elementary school and high school personnel as needed to ensure a positive transition.
- encourages students to consider strengths to pursue and areas to improve.
- reinforces problem solving and decision making
- assist students in using Internet resources for planning

Academic Development

Student Indicators:

- establish challenging academic goals in elementary, middle, and high school.
- use assessment results in educational planning.
- develop and implement plans to maximize academic ability and achievement.
- apply knowledge of aptitudes and interests to goal setting.
- use problem-solving and decision-making skills to assess progress towards educational goals.

- understand the relationship between classroom performance and success in school.

Standard: Academic Relationships

Students will understand the relationship of academics to the world of work, and to life at home and in the community.

Benchmark: 06-08 **Relate school to life experiences.**

Counselor Role:

- provides individual and group counseling.
- shares information to use in making informed decisions.
- makes available information involving community resources.
- encourages students to plan activities and balance the many components of their lives.
- supports participation in co-curricular and community activities.

Academic Development

Student Indicators:

- demonstrate the ability to balance school, studies, extracurricular activities, leisure time, and family life.
- seek co-curricular and community experiences to enhance the school experience.
- understand the relationship between learning and work.
- demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals.
- understand that school success is the preparation to make the transition from student to community member.
- understand how school success and academic achievement enhance future career and vocational opportunities.
- develop personal interests inside and outside of school.
- identify and use school and community resources to help deal with his/her needs.

Standard: Career Decisions

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark: 06-08 **Develop career awareness.**

Counselor Role:

- encourages participation in shadowing experiences.
- provides opportunities for students to assess their personal abilities, skills, and interests.
- encourages team work and appreciation for each member's talents.
- continues to reinforce decision-making skills.
- urges planning and goal setting.
- promotes exploration of careers and leisure time activities.

Career Development

Student Indicators:

- develop skills to locate, evaluate, and interpret career information.
- learn about the variety of traditional and nontraditional occupations.

- develop an awareness of personal abilities, skills, interests, and motivations.
- learn how to interact and work cooperatively in teams.
- learn to make decisions.
- learn how to set goals.
- understand the importance of planning.
- pursue and develop competency in areas of interest.
- develop hobbies and vocational interests.
- learn to balance work and leisure time.
- use identification of values, talents, and interests to help him or herself in course selection and career planning.
- be provided with opportunities to explore diverse experiences.

Benchmark:

06-08

Develop employment readiness

Counselor Role:

- Guides students to appropriate resources during high school course selection processes.
- supports students in developing time management and organizational skills.
- helps students appreciate the qualities of a good worker and begin to acquire and strengthen these characteristics in themselves.
- reinforces time management skills.

Career Development

Student Indicators:

- acquire employability skills such as working on a team, problem solving, and organizational skills.
- demonstrate knowledge about the changing workplace.
- learn about the rights and responsibilities of employers and employees.
- learn to respect individual uniqueness in the workplace.
- develop an understanding of information that is included on a resume
- Develop a positive attitude toward work and learning.
- understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.
- utilize time and task management skills.

Standard:

Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: 06-08 **Achieve school success.**

Counselor Role:

- provides individual and group counseling.
- provides classroom guidance activities.
- shares pertinent information so students can make informed decisions.
- intervenes with students and their families to promote seeking help.
- participates in meetings to discuss and evaluate students' needs.
- counsels students having academic difficulty.
- collects and distributes information from school personnel or outside agencies regarding adolescent issues effecting academics.
- coordinates transition activities from elementary to middle and middle to high schools.
- encourages students to work independently and in teams.
- provides opportunities for students to learn from each other.
- works with teachers and parents to help students take responsibility for their actions.

Academic Development

Student Indicators:

- take responsibility for his/her actions.
- demonstrate the ability to work independently as well as the ability to work cooperatively with other students.
- develop a broad range of interests and abilities.
- demonstrate dependability, productivity, and initiative.
- share knowledge.
- identify and use school and community resources to help deal with his/her needs.
- receive appropriate identification through use of outside assessment measures.
- participate in orientation programs as he/she transitions from elementary to middle school and middle school to high school.

Benchmark: 06-08 **Acquire knowledge and skills to achieve career goals**

Counselor Role:

- works with students on projects which provide them with various opportunities for personal improvement.
- provides individual and group counseling.
- provides classroom guidance activities.
- shares pertinent information so students can make informed decisions.
- encourages students to ask questions.
- helps students to plan and manage their time.
- promotes strong organizational skills.

Academic Development

Student Indicators:

- demonstrate how effort and persistence positively effect learning.
- apply time management and task management skills.
- use communication skills to know when and how to ask for help when needed.
- apply knowledge of learning styles to positively influence school performance.
- identify strategies used in problem solving.

Benchmark: 06-08 **Improve academic self-concept.**

Counselor Role:

- provides strategies to prepare and take tests.
- promotes a sense of confidence in each learner.
- emphasizes that mistakes are part of learning.
- guides students to appropriate resources during high school course selection process.
- develops academic plans, along with the support of parents and school personnel, to help students achieve success.
- provides and encourages individual counseling to help students become lifelong learners.
- discusses and reviews interim reports with students and parents.
- collaborates with teachers in finding the most appropriate way to evaluate students.

Academic Development

Student Indicators:

- articulate feelings of competence and confidence as a learner.
- display a positive interest in learning.
- take pride in work and in achievement.
- accept mistakes as essential to the learning process.
- recognize individual learning styles.
- receive special interventions/modifications when necessary.
- identify attitudes and behaviors which lead to successful learning.

Standard: Goals

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: 06-08 **Learn ways to apply self-knowledge**

Counselor Role:

- provides individual and group counseling.
- encourages exploration of problem solving strategies using a variety of resources
- communicates with parents throughout the year.
- guides students to appropriate resources during high school course selection process
- teaches decision making in greater depth.
- supports students with solving problems and implementing coping skills.
- provides opportunities to discuss peer pressure and the issues around it.
- promotes an appreciation of differences.

Personal/Social

Student Indicators:

- use a decision-making and problem-solving model.
- understand consequences of decisions and choices.
- identify alternative solutions to a problem .
- develop effective coping skills for dealing with problems.
- demonstrate when, where, and how to seek help for solving problems and making decisions.
- know how to apply conflict resolution skills.

- demonstrate a respect and appreciation for individual and cultural differences.
- know when peer pressure is influencing a decision.
- identify long- and short- term goals.
- identify alternative ways of achieving goals.
- use persistence and perseverance in acquiring knowledge and skills.
- develop an action plan to set and achieve realistic goals.
- identify sources to obtain information needed in decision making including school and community resources.
- explore diverse experiences.
- recognize that decisions have consequences and accept responsibility for his/her decisions.
- understand the skill of assertiveness and demonstrate it in pressure situations.

Standard: Personal Relationship to World of Work

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: 06-08 **Acquire knowledge and skills to achieve career goals**

Counselor Role:

- guides students to appropriate resources during high school course selection process
- encourages self-exploration through the scheduling process, career activities, and multicultural events.
- provides classroom guidance activities.
- encourages student participation in extracurricular/community activities.
- encourages students to identify interests, talents, abilities, and areas for self-improvement.

Career Development

Student Indicators:

- understand the relationship between educational achievement and career success.
- explain how work can help to achieve personal success and satisfaction.
- identify personal preferences and interests which influence career choices and success.
- understand that the changing workplace requires lifelong learning and acquiring new skills.
- describe the effect of work on lifestyles.
- understand that work is an important and satisfying means of personal expression.
- describe her/his personal strengths and weaknesses in relationship to given decision-making situations.
- describe how personal beliefs and attitudes affect decision making.
- appreciate the unique characteristics and abilities of self and others.

- demonstrate how interests, abilities, and achievement relate to achieving personal, social, educational, and career goals.
- learn how to use conflict management skills with peers and adults.
- learn to work cooperatively with others as a team member.
- apply academic and employment readiness skills in work-based learning situations such as internships, shadowing, and mentoring experiences.

Standard:

Respect of Self and Others

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark:

06-08

Acquire interpersonal skills

Counselor

Role:

- provides individual and group counseling.
- provides classroom guidance activities.
- encourages relationship building among students.
- provides opportunities for students to resolve conflicts between peers.
- emphasizes the qualities for the district's Pillars of Ethical Behavior.
- builds students' understanding of alternative points of view and encourages them to accept and appreciate differences among people.
- elaborates on the various elements of communication.
- reinforces the art of making and keeping friends.
- extends concept of empathy.

Personal/Social

Student Indicators:

- recognize that everyone has rights and responsibilities, including family and friends.
- respect alternative points of view.
- recognize, accept, respect, and appreciate individual differences.
- recognize, accept, and appreciate ethnic and cultural diversity.
- recognize and respect differences in various family configurations.
- use effective communication skills.
- know that communication involves speaking, listening, and nonverbal behavior.
- learn how to communicate effectively with family.
- learn how to make and keep friends.
- recognize how decisions and actions affect self and others.
- describe her/his personal strengths and weaknesses in relationship to given decision-making situations.
- demonstrate decision-making skills that assist him/her in maintaining good physical and mental health and balance to his/her life.

- understand the importance of open two-way communication.
- demonstrate effective skills for interacting with others.
- evaluate how what is said affects another's actions and how what others say affects his/her actions.
- communicate decisions, thoughts, and feelings.
- understand the importance of getting along with others and developing healthy relationships.

Benchmark: 06-08 **Acquire self-knowledge**

Counselor Role:

- provides classroom guidance activities.
- provides availability to be responsive to student needs
- counsels students individually and in groups.
- encourages students to explore activities that will enhance abilities and support a positive self-concept.
- encourages students to resolve conflicts on their own.
- refers students to outside agencies if necessary.
- models positive attitude in interactions with students.
- supports student involvement in activities in and out of school.
- promotes self-confidence and positive attitudes about self.
- responds to students' concerns and questions about issues related to their overall growth and development.
- encourages expression of feelings.

Personal/Social

Student Indicators:

- develop a positive attitude toward self as a unique and worthy person.
- identify personal values, attitudes, and beliefs.
- learn the goal setting process.
- understand change as a part of growth.
- identify and express feelings.
- distinguish between appropriate and inappropriate behaviors.
- recognize personal boundaries, rights, and privacy needs.
- understand the need for self-control and how to practice it.
- demonstrate cooperative behavior in groups.
- identify personal strengths and assets.
- identify and discuss changing personal and social roles.
- identify and recognize changing family roles.
- identify and discuss characteristics of self-esteem and self-concept.
- understand the importance of a positive self-concept.
- identify and discuss some of the major changes experienced in early adolescence.

- understand the concept of validation and the importance of being a self-advocate.
- recognize and understand personal feelings and the source of those feelings, and develop strategies to cope with them.
- develop positive attitudes and beliefs and assess how they affect his/her life.

Standard: Safety and Life Skills

Students will understand safety and life skills.

Benchmark: 06-08 **Acquire personal safety skills**

Counselor Role:

- counsels students individually and in groups.
- serves as liaison between parents and outside agencies regarding personal and social issues of students.
- offers assistance and encourages students to seek help when necessary.
- reinforces understanding of appropriate physical contact.
- continues to emphasize effective decision-making skills and the impact of their decisions.
- supports students in managing stress and conflict.
- emphasizes importance of making healthy choices regarding substance abuse.
- supports implementation of the health and wellness curricula.

Personal/Social

Student Indicators:

- demonstrate knowledge of personal information (i.e., telephone number, home address, emergency contact).
- learn about the relationship between rules, laws, safety, and the protection of an individual's rights.
- learn the difference between appropriate and inappropriate physical contact.
- demonstrate the ability to assert boundaries, rights, and personal privacy.
- differentiate between situations requiring peer support and situations requiring adult professional help.
- identify resource people in the school and community and know how to seek their help.
- apply effective problem-solving and decision-making skills to make safe and healthy choices.
- learn about the emotional and physical dangers of substance use and abuse.
- learn how to cope with peer pressure.
- learn techniques for managing stress and conflict.
- learn coping skills for managing life events.
- possess knowledge about substances such as alcohol, tobacco, and other drugs.
- demonstrate understanding of the importance of seeking help with health concerns.

- demonstrate an understanding of the difference between healthy and unhealthy relationships.
- recognize the relationship between emotions and their effect on a person's health.
- recognize how actions affect others.
- understand and demonstrate the importance of maintaining effective relationships.
- recognize that decisions have consequences and accept responsibility for his/her decisions.

Standard: Career Decisions

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark: 09-12 **Develop career awareness.**

Counselor Role:

- Inform students about relevant job information through postings on a job board.
- Interprets individual students' personality and career assessment tools.
- Discusses with students how course content relates to interest and aptitudes.
- Facilitate the organization of career shadowing activities.

Career Development

Student Indicators:

- Develop skills to locate, evaluate, and interpret career information.
- Learn about the variety of traditional and nontraditional occupations.
- Develop an awareness of personal abilities, skills, interests, and motivations.
- Learn how to interact and work cooperatively in teams.
- Learn to make decisions.
- Learn how to set goals.
- Understand the importance of planning.
- Pursue and develop competency in areas of interests.
- Develop hobbies and vocational interests.
- Learn to balance between work and leisure time.

Standard: Career Strategies

Students will employ strategies to achieve future career success and satisfaction.

Benchmark: 09-12 **Develop career awareness.**

Counselor Role:

- Provides individual opportunities for students to practice interview skills.
- Helps students update their résumés focusing on strengths, experiences, and skills.

Career Development

Student Indicators:

- Acquire employability skills such as teamwork, problem solving, and organizational skills.
- Apply job readiness skills to seek employment opportunities.
- Demonstrate knowledge about the changing workplace.
- Learn about the rights and responsibilities of employers and employees.
- Learn to respect individual differences in the workplace.

- Learn how to write a résumé.
- Develop a positive attitude toward work and learning.
- Understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.
- Utilize time and task management skills.
- Explain how work can help to achieve personal success and satisfaction.
- Identify personal preferences and interests which influence career choices and success
- Understand that the changing workplace requires lifelong learning and acquiring new skills
- Describe the effect of work on lifestyles

Standard: Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: 09-12 **Achieve school success.**

Counselor Role:

- Refers students to Intervention Assistance Team (IAT).
- Provides information about Internet sites related to careers, college searches, and financial aid orally and in newsletters.
- Confers with parents in a variety of ways regarding their child's academic status and progress toward graduation.
- Confers with staff members regarding students' academic progress.
- Assists students with resolving classroom conflicts.
- Provides a comprehensive orientation to assist incoming freshmen to the transition to high school.

Academic Development

Student Indicators:

- Demonstrate the ability to work independently as well as the ability to work cooperatively with other students.
- Develop a broad range of interests and abilities.
- Demonstrate dependability, productivity, and initiative
- Share knowledge.

Benchmark: 09-12 **Acquire skills for improving learning.**

Counselor Role:

- Works cooperatively with Intervention Assistance Team (IAT).
- Attends Individual Education Planning (IEP) conferences and advocates for students.
- Promotes and participates in registration information night for parents/students.
- Provides interpretation of and counseling for improvement of test scores.
- Contacts students having academic difficulty and counsels them as appropriate.
- Works with teachers and/or IAT team and other resources as necessary.
- Promotes course selection to meet students' abilities and interests.
- Facilitates group sessions with focus on improving skills and grades.
- Cooperates with administration of state-mandated tests and arranges student schedules to allow remediation (if necessary) within the school day.
- Disseminates information to students via oral presentations at college nights, open houses, and newsletters.
- Attends Evaluation Team Report (ETR) meetings and advocates for students.

Academic Development

Student Indicators:

- Demonstrate how effort and persistence positively affect learning.
- Apply knowledge of learning styles to positively influence school performance.
- The student will apply time management and task management skills.
- Use communication skills to know when and how to ask for help when needed.

Benchmark: 09-12 **Improve academic self-concept.**

Counselor Role:

- Advises students during the registration process.
- Shares information during Evaluation Team Report (ETR) conferences.
- Provides and encourages individual counseling to help students become lifelong learners.
- Discusses and reviews interim reports with students and parents if requested.
- Collaborates with teachers in finding the most appropriate way to assess student learning.

Academic Development

Student Indicators:

- Articulate feelings of competence and confidence as a learner.
- Display a positive interest in learning.
- Take pride in work and achievement.
- Identify attitudes and behaviors which lead to successful learning.
- Accept mistakes as essential to the learning process.

Standard: Goal Setting and Decision Making

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: 09-12 **Learn ways to apply self-knowledge**

Counselor Role:

- Works cooperatively with Intervention Assistance Team (IAT).
- Refers students to other resources if needed.
- Offers students support, counsel, and understanding in ethnic diversity issues.
- Encourages students to explore global languages, social studies courses, and other curricula that offer cultural diversity.
- Advises and supports ESL students through their transition.
- Provides opportunities for students to receive individual and group counseling.
- Supports students in utilizing data, feedback, and experience to better understand selves.

Personal/Social

Student Indicators:

- Use a decision-making and problem-solving model
- Understand consequences of decisions and choices
- Identify alternative solutions to a problem
- Develop effective coping skills for dealing with problems
- Demonstrate when, where, and how to seek help for solving problems and making decisions
- Know how to apply conflict resolution skills
- Demonstrate a respect and appreciation for individual and cultural differences
- Know when peer pressure is influencing a decision
- Identify long and short term goals
- Identify alternatives ways of achieving goals
- Use persistence and perseverance in acquiring knowledge and skills
- Develop an action plan to set and achieve realistic goals
- Use communication skills to know when and how to ask for help when needed.

Standard: Personal Relationship to World of Work

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: 09-12 **Develop career awareness.**

Counselor Role:

- Provides information about Internet sites related to careers, college searches, and financial aid.
- Encourages students to utilize information from personality and interest assessment tools.

Career Development

Student Indicators:

- Learn how to use conflict management skills with peers.
- Learn to work cooperatively with others as a team member.
- Apply academic and employment readiness skills in work-based learning situations such as career explorations, internships, shadowing, and mentoring experiences

- Understand the relationship between educational achievement and career success.
- Explain how work can help to achieve personal success and satisfaction.
- Identify personal preferences and interests, which influence career choices and success.
- Understand that the changing workplace requires lifelong learning and acquiring new skills.
- Describe the effect of work on lifestyles.

Standard: Respect of Self and Others

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark: 09-12 **Acquire Interpersonal skills**

Counselor Role:

- Informs students about the effects of relational aggression (Face to face and electronic).
- Encourages and supports students in recognizing mistakes and exploring new and positive behaviors.
- Provides service options for students within the community and school.
- Promotes students as volunteers at local middle and elementary schools.
- Encourage students to resolve differences constructively through individual and group conferences.
- Suggests participation in educational alternatives that offer a multicultural perspective.
- Supports students participation in school sponsored multicultural programs.
- Facilitates individual and group discussions on topics such as respect, diversity, sexual preference, religion, and socioeconomic issues.
- Communicates with parents and staff regarding students' overall growth, development, and achievement
- Assists students in resolving classroom conflicts.

Personal/Social

Student Indicators:

- Recognize that everyone has rights and responsibilities, including family and friends
- Respect alternative points of view
- Recognize, accept, respect, and appreciate individual differences
- Recognize, accept, respect, and appreciate ethnic and cultural diversity
- Recognize, accept and respect differences in various family configurations
- Use effective communication skills (face to face and electronic)
- Know that communication involves speaking, listening, and nonverbal skills
- Learn how to communicate effectively with others
- Learn how to make and keep friends

Benchmark:	09-12	Acquire Self-Knowledge
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Counselor Role:

- Administers and interprets interest inventories.
- Counsels students individually and in groups.
- Refers students to drugs, alcohol or tobacco prevention groups.
- Promotes participation in extracurricular activities and service opportunities.
- Advises and encourages students to take academically challenging courses.
- Optimizes opportunities to help raise students' self esteem.
- Models the importance of positive attitudes and behaviors in daily interactions with students, staff, and parents.

Personal/Social

Student Indicators:

- Identify personal values, attitudes, and beliefs
- Learn the goal setting process
- Understand change as a part of growth
- Identify and express feelings
- Distinguish between appropriate and inappropriate behaviors
- Recognize personal boundaries, rights, and privacy needs
- Understand the need for self-control and how to practice it
- Demonstrate cooperative behavior in groups
- Identify and discuss changing personal and social rules
- Identify and recognize changing family roles
- Use effective communication skills

Standard: Career Decisions

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark: 09-12 **Develop career awareness.**

Counselor Role:

- Inform students about relevant job information through postings on a job board.
- Interprets individual students' personality and career assessment tools.
- Discusses with students how course content relates to interest and aptitudes.

Career Development

Student Indicators:

- Develop hobbies and vocational interests.
- Develop skills to locate, evaluate, and interpret career information.
- Learn about the variety of traditional and nontraditional occupations.
- Learn how to interact and work cooperatively in teams.
- Learn how to set goals.
- Learn to balance between work and leisure time.
- Learn to make decisions.
- Pursue and develop competency in areas of interests.
- Understand the importance of planning.
- Develop an awareness of personal abilities, skills, interests, and motivations.

Standard: Career Strategies

Students will employ strategies to achieve future career success and satisfaction.

Benchmark: 09-12 **Develop career awareness.**

Counselor Role:

- Monitor students Individual Career Plan (ICP) folders.
- Attends the district level career consortium meetings and advocates for student needs.
- Assists students in identifying universities matching their abilities and interests.

Career Development

Student Indicators:

- Understand the relationship between educational achievement and career success.
- Apply job readiness skills to seek employment opportunities.
- Demonstrate knowledge about the changing workplace.
- Describe the effect of work on lifestyles
- Develop a positive attitude toward work and learning.
- Explain how work can help to achieve personal success and satisfaction.

- Identify personal preferences and interests which influence career choices and success
- Learn about the rights and responsibilities of employers and employees.
- Learn how to write a résumé.
- Learn to respect individual differences in the workplace.
- Understand that the changing workplace requires lifelong learning and acquiring new skills
- Understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.
- Understand the relationship between educational achievement and career success.
- Utilize time and task management skills.

Standard: Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: 09-12 **Achieve school success.**

Counselor Role:

- Refers students to Intervention Assistance Team (IAT).
- Provides information about Internet sites related to careers, college searches, and financial aid orally and in newsletters.
- Confers with parents in a variety of ways regarding their child's academic status and progress toward graduation.
- Confers with staff members regarding students' academic progress.
- Assists students with resolving classroom conflicts.
- Encourage students to participate in transitioning programs for peers.

Academic Development

Student Indicators:

- Take responsibility for individual actions.
- Demonstrate dependability, productivity, and initiative
- Demonstrate the ability to work independently as well as the ability to work cooperatively with other students.
- Develop a broad range of interests and abilities.
- Share knowledge.
- Take responsibility for individual actions.

Benchmark: 09-12 **Acquire skills for improving learning.**

Counselor Role:

- Works cooperatively with Intervention Assistance Team (IAT).
- Attends Individual Education Planning (IEP) conferences and advocates for students.
- Promotes and participates in registration information night for parents/students.
- Provides interpretation of and counseling for improvement of test scores.
- Contacts students having academic difficulty and counsels them as appropriate.
- Works with teachers and/or IAT team and other resources as necessary.
- Promotes course selection to meet students' abilities and interests.
- Facilitates group sessions with focus on improving skills and grades.
- Cooperates with administration of state-mandated tests and arranges student schedules to allow remediation (if necessary) within the school day.
- Disseminates information to students via oral presentations at college nights, open houses, and newsletters.
- Attends Evaluation Team Report (ETR) meetings and advocates for students.

Academic Development

Student Indicators:

- Apply knowledge of learning styles to positively influence school performance.
- Demonstrate how effort and persistence positively affect learning.
- The student will apply time management and task management skills.
- Use communication skills to know when and how to ask for help when needed.

Benchmark: 09-12 **Improve academic self-concept.**

Counselor Role:

- Advises students during the registration process.
- Shares information during Evaluation Team Report (ETR) conferences.
- Provides and encourages individual counseling to help students become lifelong learners.
- Discusses and reviews interim reports with students and parents if requested.
- Collaborates with teachers in finding the most appropriate way to assess student learning.

Academic Development

Student Indicators:

- Accept mistakes as essential to the learning process.
- Articulate feelings of competence and confidence as a learner.
- Display a positive interest in learning.
- Identify attitudes and behaviors which lead to successful learning.
- Take pride in work and achievement.

Standard: Goal Setting and Decision Making

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: 09-12 **Learn ways to apply self-knowledge**

Counselor Role:

- Works cooperatively with Intervention Assistance Team (IAT).
- Refers students to other resources if needed.
- Offers students support, counsel, and understanding in ethnic diversity issues.
- Encourages students to explore global languages, social studies courses, and other curricula that offer cultural diversity.
- Advises and supports ESL students through their transition.
- Provides opportunities for students to receive individual and group counseling.
- Supports students in utilizing data, feedback, and experience to better understand selves.

Personal/Social

Student Indicators:

- Demonstrate a respect and appreciation for individual and cultural differences
- Demonstrate when, where, and how to seek help for solving problems and making decisions
- Develop an action plan to set and achieve realistic goals
- Develop effective coping skills for dealing with problems
- Identify alternative solutions to a problem
- Identify alternatives ways of achieving goals
- Identify long and short term goals
- Know how to apply conflict resolution skills
- Know when peer pressure is influencing a decision
- Understand consequences of decisions and choices
- Use a decision-making and problem-solving model
- Use persistence and perseverance in acquiring knowledge and skills

Standard: Personal Relationship to World of Work

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: 09-12 **Develop career awareness.**

Counselor Role:

- Provides information about Internet sites related to careers, college searches, and financial aid.
- Encourages students to utilize information from personality and interest assessment tools.

Career Development

Student Indicators:

- Apply academic and employment readiness skills in work-based learning situations such as career explorations, internships, shadowing, and mentoring experiences
- Describe the effect of work on lifestyles.
- Explain how work can help to achieve personal success and satisfaction.
- Identify personal preferences and interests, which influence career choices and success.

- Learn how to use conflict management skills with peers.
- Learn to work cooperatively with others as a team member.
- Understand that the changing workplace requires lifelong learning and acquiring new skills.
- Understand the relationship between educational achievement and career success.

Standard: Respect of Self and Others

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark: 09-12 **Acquire Interpersonal skills**

Counselor Role:

- Informs students about the effects of relational aggression (Face to face and electronic).
- Encourages and supports students in recognizing mistakes and exploring new and positive behaviors.
- Provides service options for students within the community and school.
- Promotes students as volunteers at local middle and elementary schools.
- Encourage students to resolve differences constructively through individual and group conferences.
- Suggests participation in educational alternatives that offer a multicultural perspective.
- Supports students participation in school sponsored multicultural programs.
- Facilitates individual and group discussions on topics such as respect, diversity, sexual preference, religion, and socioeconomic issues.
- Communicates with parents and staff regarding students' overall growth, development, and achievement
- Assists students in resolving classroom conflicts.

Personal/Social

Student Indicators:

- Know that communication involves speaking, listening, and nonverbal skills
- Learn how to communicate effectively with others
- Learn how to make and keep friends
- Recognize, accept and respect differences in various family configurations
- Recognize, accept, respect, and appreciate ethnic and cultural diversity
- Recognize, accept, respect, and appreciate individual differences
- Recognize that everyone has rights and responsibilities, including family and friends
- Respect alternative points of view
- Use effective communication skills (face to face and electronic)
- Recognize personal boundaries, rights and privacy needs.
- Understands change as a part of growth.
- Understands the need for self-control and how to practice it.

Benchmark:	09-12	Acquire Self-Knowledge
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Counselor Role:

- Administers and interprets interest inventories.
- Counsels students individually and in groups.
- Refers students to drugs, alcohol or tobacco prevention groups.
- Promotes participation in extracurricular activities and service opportunities.
- Advises and encourages students to take academically challenging courses.
- Optimizes opportunities to help raise students' self esteem.
- Models the importance of positive attitudes and behaviors in daily interactions with students, staff, and parents.

Personal/Social

Student Indicators:

- Develop a positive attitude toward self as a unique and worthy person
- Demonstrate cooperative behavior in groups
- Develop a positive attitude toward self as a unique and worthy person
- Distinguish between appropriate and inappropriate behaviors
- Identify and discuss changing personal and social rules
- Identify and express feelings
- Identify and recognize changing family roles
- Identify personal values, attitudes, and beliefs
- Learn the goal setting process

Standard: Career Decisions

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark: 09-12 **Develop career awareness.**

Counselor Role:

- Inform students about relevant job information through postings on a job board.
- Interprets individual students' personality and career assessment tools.
- Discusses with students how course content relates to interest and aptitudes.

Career Development

Student Indicators:

- Develop an awareness of personal abilities, skills, interests, and motivations.
- Develop hobbies and vocational interests.
- Develop skills to locate, evaluate, and interpret career information.
- Learn about the variety of traditional and nontraditional occupations.
- Learn how to interact and work cooperatively in teams.
- Learn how to set goals.
- Learn to balance between work and leisure time.
- Learn to make decisions.
- Pursue and develop competency in areas of interests.
- Understand the importance of planning.

Standard: Career Strategies

Students will employ strategies to achieve future career success and satisfaction.

Benchmark: 09-12 **Develop career awareness.**

Counselor Role:

- Provides individual opportunities for students to practice interview skills.
- Helps students update their résumés focusing on strengths, experiences, and skills.

Career Development

Student Indicators:

- Acquire employability skills such as teamwork, problem solving, and organizational skills.
- Acquire employability skills such as teamwork, problem solving, and organizational skills.
- Apply job readiness skills to seek employment opportunities.
- Demonstrate knowledge about the changing workplace.
- Describe the effect of work on lifestyles
- Develop a positive attitude toward work and learning.

- Explain how work can help to achieve personal success and satisfaction.
- Identify personal preferences and interests which influence career choices and success
- Learn about the rights and responsibilities of employers and employees.
- Learn how to write a résumé.
- Learn to respect individual differences in the workplace.
- Understand that the changing workplace requires lifelong learning and acquiring new skills
- Understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.
- Understand the relationship between educational achievement and career success.
- Utilize time and task management skills.

Standard: Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: 09-12 Achieve school success.

Counselor Role:

- Refers students to Intervention Assistance Team (IAT).
- Provides information about Internet sites related to careers, college searches, and financial aid orally and in newsletters.
- Confers with parents in a variety of ways regarding their child's academic status and progress toward graduation.
- Confers with staff members regarding students' academic progress.
- Assists students with resolving classroom conflicts.
- Encourage students to participate in transitioning programs for peers.

Academic Development

Student Indicators:

- Demonstrate dependability, productivity, and initiative
- Demonstrate the ability to work independently as well as the ability to work cooperatively with other students.
- Develop a broad range of interests and abilities.
- Share knowledge.
- Take responsibility for individual actions.

Benchmark: 09-12 **Acquire skills for improving learning.**

Counselor Role:

- Works cooperatively with Intervention Assistance Team (IAT).
- Attends Individual Education Planning (IEP) conferences and advocates for students.
- Promotes and participates in registration information night for parents/students.
- Provides interpretation of and counseling for improvement of test scores.
- Contacts students having academic difficulty and counsels them as appropriate.
- Works with teachers and/or IAT team and other resources as necessary.
- Promotes course selection to meet students' abilities and interests.
- Facilitates group sessions with focus on improving skills and grades.
- Cooperates with administration of state-mandated tests and arranges student schedules to allow remediation (if necessary) within the school day.
- Disseminates information to students via oral presentations at college nights, open houses, and newsletters.
- Attends Evaluation Team Report (ETR) meetings and advocates for students.

Academic Development

Student Indicators:

- Apply knowledge of learning styles to positively influence school performance.
- Demonstrate how effort and persistence positively affect learning.
- The student will apply time management and task management skills.
- Use communication skills to know when and how to ask for help when needed.

Benchmark: 09-12 **Improve academic self-concept.**

Counselor Role:

- Advises students during the registration process.
- Shares information during Evaluation Team Report (ETR) conferences.
- Provides and encourages individual counseling to help students become lifelong learners.
- Discusses and reviews interim reports with students and parents if requested.
- Collaborates with teachers in finding the most appropriate way to assess student learning.

Academic Development

Student Indicators:

- Accept mistakes as essential to the learning process.
- Articulate feelings of competence and confidence as a learner.
- Display a positive interest in learning.
- Identify attitudes and behaviors which lead to successful learning.

Standard: Goal Setting and Decision Making

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: 09-12 **Learn ways to apply self-knowledge**

Counselor Role:

- Works cooperatively with Intervention Assistance Team (IAT).
- Refers students to other resources if needed.
- Offers students support, counsel, and understanding in ethnic diversity issues.
- Encourages students to explore global languages, social studies courses, and other curricula that offer cultural diversity.
- Advises and supports ESL students through their transition.
- Provides opportunities for students to receive individual and group counseling.
- Supports students in utilizing data, feedback, and experience to better understand selves.

Personal/Social

Student Indicators:

- Demonstrate a respect and appreciation for individual and cultural differences
- Demonstrate when, where, and how to seek help for solving problems and making decisions
- Develop an action plan to set and achieve realistic goals
- Develop effective coping skills for dealing with problems
- Identify alternative solutions to a problem
- Identify alternatives ways of achieving goals
- Identify long and short term goals
- Know how to apply conflict resolution skills
- Know when peer pressure is influencing a decision
- Understand consequences of decisions and choices
- Use a decision-making and problem-solving model
- Use persistence and perseverance in acquiring knowledge and skills

Standard: Personal Relationship to World of Work

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: 09-12 **Develop career awareness.**

Counselor Role:

- Provides information about Internet sites related to careers, college searches, and financial aid.
- Encourages students to utilize information from personality and interest assessment tools.

Career Development

Student Indicators:

- Apply academic and employment readiness skills in work-based learning situations such as career explorations, internships, shadowing, and mentoring experiences
- Describe the effect of work on lifestyles.
- Explain how work can help to achieve personal success and satisfaction.
- Identify personal preferences and interests, which influence career choices and success.

- Learn how to use conflict management skills with peers.
- Learn to work cooperatively with others as a team member.
- Understand that the changing workplace requires lifelong learning and acquiring new skills.
- Understand the relationship between educational achievement and career success.

Standard: Respect of Self and Others

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark: 09-12 **Acquire Interpersonal skills**

Counselor Role:

- Informs students about the effects of relational aggression (Face to face and electronic).
- Encourages and supports students in recognizing mistakes and exploring new and positive behaviors.
- Provides service options for students within the community and school.
- Promotes students as volunteers at local middle and elementary schools.
- Encourage students to resolve differences constructively through individual and group conferences.
- Suggests participation in educational alternatives that offer a multicultural perspective.
- Supports students participation in school sponsored multicultural programs.
- Facilitates individual and group discussions on topics such as respect, diversity, sexual preference, religion, and socioeconomic issues.
- Communicates with parents and staff regarding students' overall growth, development, and achievement
- Assists students in resolving classroom conflicts.

Personal/Social

Student Indicators:

- Know that communication involves speaking, listening, and nonverbal skills
- Learn how to communicate effectively with others
- Learn how to make and keep friends
- Recognize, accept and respect differences in various family configurations
- Recognize, accept, respect, and appreciate ethnic and cultural diversity
- Recognize, accept, respect, and appreciate individual differences
- Recognize that everyone has rights and responsibilities, including family and friends
- Respect alternative points of view
- Use effective communication skills (face to face and electronic)

Benchmark:	09-12	Acquire Self-Knowledge
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Counselor Role:

- Administers and interprets interest inventories.
- Counsels students individually and in groups.
- Refers students to drugs, alcohol or tobacco prevention groups.
- Promotes participation in extracurricular activities and service opportunities.
- Advises and encourages students to take academically challenging courses.
- Optimizes opportunities to help raise students' self esteem.
- Models the importance of positive attitudes and behaviors in daily interactions with students, staff, and parents.

Personal/Social

Student Indicators:

- Demonstrate cooperative behavior in groups
- Develop a positive attitude toward self as a unique and worthy person
- Distinguish between appropriate and inappropriate behaviors
- Identify and discuss changing personal and social rules
- Identify and express feelings
- Identify and recognize changing family roles
- Identify personal values, attitudes, and beliefs
- Learn the goal setting process
- Recognize personal boundaries, rights and privacy needs.
- Understands changes as a part of growth.
- Understands the need for self-control and how to practice it.

Standard: Career Decisions

Students will acquire the skills to investigate the world of work in relationship to knowledge of self and to make informed career decisions.

Benchmark: 09-12 **Develop career awareness.**

Counselor Role:

- Inform students about relevant job information through postings on a job board.
- Interprets individual students' personality and career assessment tools.
- Discusses with students how course content relates to interest and aptitudes.

Career Development

Student Indicators:

- Develop an awareness of personal abilities, skills, interests, and motivations.
- Develop hobbies and vocational interests.
- Develop skills to locate, evaluate, and interpret career information.
- Learn about the variety of traditional and nontraditional occupations.
- Learn how to interact and work cooperatively in teams.
- Learn how to set goals.
- Learn to balance between work and leisure time.
- Learn to make decisions.
- Pursue and develop competency in areas of interests.
- Understand the importance of planning.

Standard: Career Strategies

Students will employ strategies to achieve future career success and satisfaction.

Benchmark: 09-12 **Develop career awareness.**

Counselor Role:

- Provides individual opportunities for students to practice interview skills.
- Helps students update their résumés focusing on strengths, experiences, and skills.

Career Development

Student Indicators:

- Acquire employability skills such as teamwork, problem solving, and organizational skills.
- Apply job readiness skills to seek employment opportunities.
- Demonstrate knowledge about the changing workplace.
- Describe the effect of work on lifestyles
- Develop a positive attitude toward work and learning.
- Explain how work can help to achieve personal success and satisfaction.

Identify personal preferences and interests which influence career choices and success

Learn about the rights and responsibilities of employers and employees.

Learn how to write a résumé.

Learn to respect individual differences in the workplace.

Understand that the changing workplace requires lifelong learning and acquiring new skills

Understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.

Understand the relationship between educational achievement and career success.

Utilize time and task management skills.

Standard: Effective Learning

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

Benchmark: 09-12 Achieve school success.

Counselor Role:

- Refers students to Intervention Assistance Team (IAT).
- Provides information about Internet sites related to careers, college searches, and financial aid orally and in newsletters.
- Confers with parents in a variety of ways regarding their child's academic status and progress toward graduation.
- Confers with staff members regarding students' academic progress.
- Assists students with resolving classroom conflicts.
- Encourage students to participate in transitioning programs for peers.

Academic Development

Student Indicators:

Demonstrate dependability, productivity, and initiative

Demonstrate the ability to work independently as well as the ability to work cooperatively with other students.

Develop a broad range of interests and abilities.

Share knowledge.

Take responsibility for individual actions.

Benchmark: 09-12 **Acquire skills for improving learning.**

Counselor Role:

- Works cooperatively with Intervention Assistance Team (IAT).
- Attends Individual Education Planning (IEP) conferences and advocates for students.
- Promotes and participates in registration information night for parents/students.
- Provides interpretation of and counseling for improvement of test scores.
- Contacts students having academic difficulty and counsels them as appropriate.
- Works with teachers and/or IAT team and other resources as necessary.
- Promotes course selection to meet students' abilities and interests.
- Facilitates group sessions with focus on improving skills and grades.
- Cooperates with administration of state-mandated tests and arranges student schedules to allow remediation (if necessary) within the school day.
- Disseminates information to students via oral presentations at college nights, open houses, and newsletters.
- Attends Evaluation Team Report (ETR) meetings and advocates for students.

Academic Development

Student Indicators:

Apply knowledge of learning styles to positively influence school performance.

Demonstrate how effort and persistence positively affect learning.

The student will apply time management and task management skills.

Benchmark: 09-12 **Improve academic self-concept.**

Counselor Role:

- Advises students during the registration process.
- Shares information during Evaluation Team Report (ETR) conferences.
- Provides and encourages individual counseling to help students become lifelong learners.
- Discusses and reviews interim reports with students and parents if requested.
- Collaborates with teachers in finding the most appropriate way to assess student learning.

Academic Development

Student Indicators:

Accept mistakes as essential to the learning process.

Articulate feelings of competence and confidence as a learner.

Display a positive interest in learning.

Identify attitudes and behaviors which lead to successful learning.

Take pride in work and achievement.

Take pride in work and achievement.

Standard: Goal Setting and Decision Making

Students will make decisions, set goals, and take necessary action to achieve goals.

Benchmark: 09-12 **Learn ways to apply self-knowledge**

Counselor Role:

- Works cooperatively with Intervention Assistance Team (IAT).
- Refers students to other resources if needed.
- Offers students support, counsel, and understanding in ethnic diversity issues.
- Encourages students to explore global languages, social studies courses, and other curricula that offer cultural diversity.
- Advises and supports ESL students through their transition.
- Provides opportunities for students to receive individual and group counseling.
- Supports students in utilizing data, feedback, and experience to better understand selves.

Personal/Social

Student Indicators:

Demonstrate a respect and appreciation for individual and cultural differences

Demonstrate when, where, and how to seek help for solving problems and making decisions

Develop an action plan to set and achieve realistic goals

Develop effective coping skills for dealing with problems

Identify alternative solutions to a problem

Identify alternatives ways of achieving goals

Identify long and short term goals

Know how to apply conflict resolution skills

Know when peer pressure is influencing a decision

Understand consequences of decisions and choices

Use a decision-making and problem-solving model

Use persistence and perseverance in acquiring knowledge and skills

Standard: Personal Relationship to World of Work

Students will understand the relationship between personal qualities, education and training, and the world of work.

Benchmark: 09-12 **Develop career awareness.**

Counselor Role:

- Provides information about Internet sites related to careers, college searches, and financial aid.
- Encourages students to utilize information from personality and interest assessment tools.

Career Development

Student Indicators:

Apply academic and employment readiness skills in work-based learning situations such as career explorations, internships, shadowing, and mentoring experiences

Describe the effect of work on lifestyles.

Explain how work can help to achieve personal success and satisfaction.

Identify personal preferences and interests, which influence career choices and success.

- Learn how to use conflict management skills with peers.
- Learn to work cooperatively with others as a team member.
- Understand that the changing workplace requires lifelong learning and acquiring new skills.
- Understand the relationship between educational achievement and career success.

Standard: Respect of Self and Others

Students will acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others.

Benchmark: 09-12 **Acquire Interpersonal skills**

Counselor Role:

- Informs students about the effects of relational aggression (Face to face and electronic).
- Encourages and supports students in recognizing mistakes and exploring new and positive behaviors.
- Provides service options for students within the community and school.
- Promotes students as volunteers at local middle and elementary schools.
- Encourage students to resolve differences constructively through individual and group conferences.
- Suggests participation in educational alternatives that offer a multicultural perspective.
- Supports students participation in school sponsored multicultural programs.
- Facilitates individual and group discussions on topics such as respect, diversity, sexual preference, religion, and socioeconomic issues.
- Communicates with parents and staff regarding students' overall growth, development, and achievement
- Assists students in resolving classroom conflicts.

Personal/Social

Student Indicators:

- Know that communication involves speaking, listening, and nonverbal skills
- Learn how to communicate effectively with others
- Learn how to make and keep friends
- Recognize, accept and respect differences in various family configurations
- Recognize, accept, respect, and appreciate ethnic and cultural diversity
- Recognize, accept, respect, and appreciate individual differences
- Recognize that everyone has rights and responsibilities, including family and friends
- Respect alternative points of view
- Use effective communication skills (face to face and electronic)

Benchmark:	09-12	Acquire Self-Knowledge
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Counselor Role:

- Administers and interprets interest inventories.
- Counsels students individually and in groups.
- Refers students to drugs, alcohol or tobacco prevention groups.
- Promotes participation in extracurricular activities and service opportunities.
- Advises and encourages students to take academically challenging courses.
- Optimizes opportunities to help raise students' self esteem.
- Models the importance of positive attitudes and behaviors in daily interactions with students, staff, and parents.

Personal/Social

Student Indicators:

Demonstrate cooperative behavior in groups

Develop a positive attitude toward self as a unique and worthy person

Distinguish between appropriate and inappropriate behaviors

Identify and discuss changing personal and social rules

Identify and express feelings

Identify and recognize changing family roles

Identify personal values, attitudes, and beliefs

Learn the goal setting process

Recognizes personal boundaries, rights and privacy needs.

Understands change as a part of growth.

Understands the need for self-control and how to practice it.